



THE CASCADES *at Estero*

***The Cascades Gazette ~ "For the Best of Your Life"
"An Active Adult 55 and Over Community"
November 2010 ~ Number 11 ~ Volume 6***

A few important words from Tony Dumas, Community Association Manager

Well, it has certainly been an eventful past month. In this edition I intend to concentrate on two major issues that have been vexing all of us – owners, Board, Committees and personnel. I do so at the risk that, by the time this gets to you, some of what I have to say will be “old news”. Be that as it may, I intend to press on with this due to its vital importance to the community.

Our relatively new Administrative Assistant has certainly had a baptism by fire with, some days, up to 20 – 30 reported issues with either irrigation or landscaping. Needless to say, some owners have been very, very vexed and all I can say is that I sympathize and fully agree with the sentiments they have expressed.

Our landscaping and irrigation contracts are very different in the way they operate.

The landscapers are here 4 days a week; 5 if there has been a holiday or a rain-out day. The effect of this is that, at most times, we have someone to turn to when problems crop up unexpectedly. That is a really important benefit to have when one is dealing with 614 homes and substantial common elements. Just try to calculate in your minds how many front & back lawns and how many trees, palms & shrubs there are in Cascades. Needless to say, the number is somewhat overwhelming but will be a topic for a future edition.

That is not the case when it comes to irrigation and that is why I will devote most of this article to a very critical aspect of our operations.

The contract has two very distinct and separate sections. One is on an annual basis for what are called ‘wet checks’. Without going into great detail, we pay a monthly sum for irrigation checks to be carried out throughout the community. It has been estimated that each community-wide wet check, together with remedial work and customary service maintenance, can take anywhere between two & three months.

The other section is what is commonly referred to as ‘Work Orders’. In separating the sections, the sincere intention was to save money for the community.

To put it simply, ‘Work Orders’ are reports we receive from owners when they experience problems.

We pay separately for those to be attended to; labor & parts. Unfortunately, this has proved to be an expensive exercise and not a very effective one.

We have been severely inconvenienced by not having our own full- time technician on site. The irrigation company, not knowing if and when it will receive Work Orders from us, has quite understandably taken on other contracts to enable it to survive. It cannot do so on the Cascades contract alone.

The natural consequence of this set-up is that, on occasions, we don’t have a technician available immediately.

...continued on page 33



The Cascades Gazette

Dee Bendix, Editor
Sandy Geoffroy

The purpose of this newspaper is to produce and distribute, to all residents, a monthly publication which is informative, educational and entertaining. We encourage the submission of articles, comments and suggestions. We reserve the right to reject articles, letters and advertising which may be political in nature, libelous, inflammatory or in bad taste. Articles and advertising are subject to editing, condensation and/or rejection.

The Newspaper Committee accepts no responsibility or liability resulting from advertising in this publication!
The Resident Association at the Cascades is not endorsing, sponsoring, recommending or guaranteeing the services or work product of any business placing an ad in the Gazette. Any member of the Cascades, contracting or using the services of any vendor, contractor or business advertising in the Cascades Gazette are advised to perform their own due diligence and assume all liability associated with services contracted or performed!

Important Telephone Numbers

Community Association

Manager, Tony Dumas.495-7937

Tony's email....tdumas@swpropmgt.com

Administrative Assistant

Paula Van Dyke.....495-7937

Paula's email.pvandyke@swpropmgt.com

Activities Director

Suzi Rees.495-6742

Suzi's email.....cascades@swpropmgt.com

Tennis Pro, Shawn Hedrick.....948-5287

Estate Landscaping.....498-1187

Florida Power & Light.....334-7754

Lee County Utilities.....936-0247

Waste Pro.....337-0800

Comcast.....793-9600

Comet Electric...(security).....800-554-5105

Security Monitoring.....800-934-2527

~ WEBSITE ~

thecascadesatetero.org/index.htm

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AT 239-261-3440**

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★ **PLEASE TAKE NOTE!!!** ★
★ **FOR ANY ACTIVITIES AND OR** ★
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★ **YOU MUST SIGN UP WITH** ★
★ **SUZI IN THE** ★
★ **ACTIVITIES OFFICE!!** ★
★ **ALSO...** ★
★ **ALL CANCELLATIONS TO** ★
★ **ANY EVENT MUST BE** ★
★ **RECEIVED 5 DAYS PRIOR TO** ★
★ **THE ENGAGEMENT TO** ★
★ **RECEIVE A REFUND!** ★
★ **THANKS, SUZI REES** ★
★ **No one under 18 years old may attend!!!** ★
★

Important Notice...

The Cascades Community Channel which was on Channel 98 has been realigned to **Channel 95** per Comcast. Please stay posted for any upcoming events, community activities and special need to

"New" Newspaper Deadline...

Is the **22nd** of the prior month. ~ Deadline for ads is the **18th**.

E-mail all articles, and information to Dee Bendix at **Bart2650@comcast.net**

Please note new e-mail address!!!



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Thanks to the Cascade's homeowners continuous support and confidence, since March 1, 2005, Bob has been involved in 50 "transaction sides," for a grand total of \$15,053,000 in "closed re-sales." Bob was involved in 43% (40 out of 92), of all the closed "regular re-sales" in the last 66 months. Special appreciation below to Bob's Cascades **Listing Clients (L)**, and the **Buyers (B)** who purchased directly with him.

Note: "Regular re-sales" exclude Foreclosures, and Short Sales.

ALANA COURT

20012 Jul '09 L- Vickery

BALLYLEE COURT

20062 Feb '06 L- Pomier
20071 Aug '08 L- Brown
20092 Nov '05 L- Pomier
20110 Jul '05 L- Velez
B- Pelletier
20120 Aug '07 L- Marshall

CASCADES ISLE BLVD

8812 Feb '07 L- Rogers
B- Resciniti
8840 Apr '10 L- Ridell
8869 Feb '09 L- Schadow
8924 Apr '07 L- Demko
8932 Apr '08 L- DiMartino
8936 Apr '08 L- Vernon
8937 Apr '05 B- Jones
8937 Jul '05 L- LaBuzzy
B- Render

CASTLEMAINE AVENUE

20008 Feb '08 B- VanHooren
20059 Apr '07 L- Feeney
B- Hoskins
20161 Feb '07 L- Sicular
B- Gibbs
20172 Jun '07 L- Brune
20177 Feb '08 L- Rosati
20179 Oct '08 L- Cosgrove
B- Vizzari

FOXWORTH CIRCLE

20508 Jul '07 B- Tuya
20532 Oct '10 L- Lewis
20545 Sep '08 L- Balzer
B- Amour

LISERON DRIVE

9577 Nov '07 L- Schloesser
9584 Mar '08 L- Warner

WHITFIELD DRIVE

9007 Jan '10 L- Clary

LISMORE LANE

9543 Jul '08 L- Hurley
9580 Oct '05 L- Christie
B- Dressler

SPRINGVIEW LOOP

9049 Aug '08 L- Sweeney
B- Beatrice
9201 Aug '10 L- Wahoff
9344 Oct '07 L- Swamba
9367 Mar '09 L- Hammond
9381 Apr '09 L- McElhiney

SERENE MEADOW

20048 Mar '09 L- Hallum
20071 Aug '08 L- Meadlow
20072 Mar '05 L- Gramolini
20081 Nov '08 L- Kolisai

SUN RIVER WAY

9331 Feb '08 B- Santomango
9554 Jan '09 L- Defrange
9390 Jan '10 L- Frey

See all of Bob's Cascades Listings at [wwwBobFielder.Net](http://www.BobFielder.Net). Once there, click on **Featured Listings**. You can search other communities too! **Call Bob at 239-410-6433**



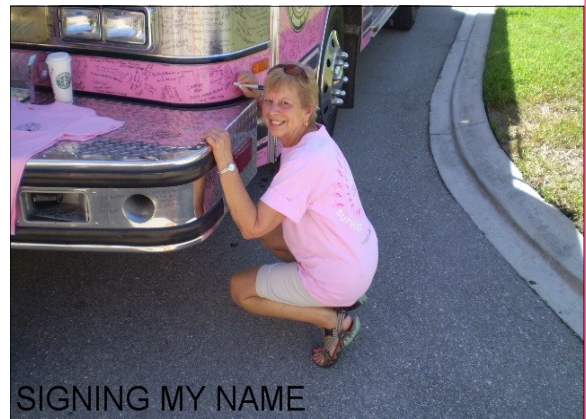
HERE WE ARE WITH THE PINK FIRETRUCK AT COCONUT POINT MALL



WHAT A HUNK!!



THOUSANDS OF NAMES ALREADY



SIGNING MY NAME



ARLENE, NANCY AND WITH THE JUNIOR



OUR NEWEST MEMBER

OCTOBER IS BREAST AWARENESS MONTH 2010

Pictures and article submitted by Carol Snyder

On Sunday, September 26th, 2010, a group of breast cancer survivors from the Cascades went to Coconut Point Mall to sign the pink fire engine. A man in Texas purchased the fire engine and donated it to the Pink Heals Breast Cancer Research Advocacy Group. Actually, there are 6 pink fire engines traveling around the country. They are being driven from city to city to be signed by breast cancer survivors and their families. The firemen of each community donate their time to drive the trucks to the next city and hand it over to the fire company there.

This is a nationwide trip for raising money for breast cancer research. It was truly an emotional experience for one and all.



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Painting the Future

8359 Beacon Blvd. Suite 504 Ft. Myers, Florida 33907

Ft. Lauderdale's
Christmas Pageant
Sunday, December 12th

10:15am

(Check in at Village Walk of Bonita)

Join us as we go to the 27th annual Christmas Pageant in Ft. Lauderdale.

Following the show enjoy a holiday feast at the Global Grille featuring a salad station, many entrée stations, pasta, dessert and beverage stations.

This all inclusive day with round trip transportation is

\$99.00 per person



Limited seating is available

Call Suzi at 495-6742

1
It was character that got us out of bed, commitment that moved us into action, and discipline that enabled us to follow through...



Chanukah Party

Tuesday, December 7th ~ 6-8pm

\$15.00 per person

Buffet Dinner

Garden Salad

Beef Brisket

Potato Pancakes

with applesauce & sour cream

Buttered Carrots

Rolls & Butter

Dessert

Jelly Doughnuts

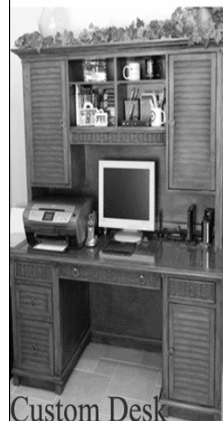
& Coffee

Entertainment by Joe & Lynn Goldovitz

Deadline to sign - up is December 1st.

RECIPE EXCHANGE GROUP

WE MEET THE 1ST THURSDAY OF THE MONTH AT 1PM IN THE CRAFT ROOM. NEXT MEETING IS NOVEMBER 4TH WITH THANKSGIVING APPROACHING, LOOKING FOR "STUFFING" RECIPES



Custom Desk

For Sale

Call Sandy Geoffroy

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Solid Oak Entertainment Ctr.

WANTED

**Crafters & Vendors for
Cascades' Holiday Bazaar
Saturday, December 4th ~ 9am to 3pm
Bigger! Better! More Attractions!
Food - Penny Social (Auction) - Bake Sale
and much more!!
Tables only \$5.00 plus a donation of
an item for the Penny Social. Proceeds
of which will benefit Cascades Santa
Fund for our local Children's
Hospital.
Deadline to register for a table is
Monday, Nov. 15th.
Contact Suzi NOW to reserve your space!**

*On Saturday, December 4th
at the Holiday Bazaar,
we will be holding our first
"Bake Sale!"*

*So dust off those cake tins and
cookie sheets and pick out a
delicious recipe to make.*

*Any questions,
call Dee Bendix at
390-0334*

*Sign-up sheet is in
the Women's Club
Book under
December!*



THREE WHEEL BIKE \$175.00
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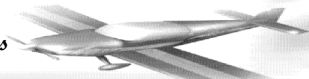
Serving the Cascades Community for over 6 years!

*Need a ride to and from the airport or to bus stops for cruises?
Call Bart Bendix for the best prices around!*

390-0334 ~ cell - 896-3698

*\$25.00 one way ~ \$40.00 round trip
(Up to 4 people)*

A resident of Cascades

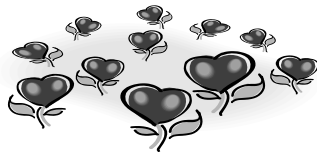


In Loving Memory of
Tamara L. Gusbertson
January 28th, 1959 - October 23rd, 2008

“HER SMILE”

Though her smile is gone forever,
And her hand I cannot touch,
I still have so many memories
Of the one I loved so much.
Her memory is my keepsake,
With which I'll never part.
God has here in his keeping,
I have her in my heart.

Sadly missed but never forgotten
With All My Love,
Her Mother, Jean Mettscher



Mariners Club Holiday Party
Saturday, December 4th
Naples Princess Holiday Cruise

6:30pm ~ 9:30pm

\$65.00 per person

Honey Ham and Roast Turkey

Salad, vegetables potatoes,

dessert & coffee

(Tip, tax and boat ride
included)

Drinks will be on your
own

Mail checks to: Carol Sever
20285 Foxworth Circle



5TH ANNUAL SUSAN G. KOMEN RACE FOR THE CURE
SATURDAY, MARCH 12TH 2011 ~ COCONUT MALL ~ 8AM!

Join our team “Cascadians 4 the Cure”

Walk for a great cause...show your support for this horrible disease
Be part of the fun team...Enjoy a cocktail party to meet your team members.
Cascadians 4 the Cure T-shirts will be available to purchase in October
Team Captain is Suzan Eisenberg ~ Co-Captain is Nancy Lopez

ParaGeeks



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50-50 RAFFLE
 JAZZ MUSIC
DEC 10, 2010
 4:00PM TO 6:00PM

AT HEMINGWAY'S ISLAND GRILL COCONUT POINT
 \$22 PER PERSON **CASH ONLY** - \$10 BENEFITS SUSAN G. KOMEN
 (Receipt will be provided for tax purposes)

ADMISSION INCLUDES: ONE RAFFLE TICKET, DELICIOUS FINGER FOODS AND ONE BOOTLEG DRINK. MOONSHINE (WHISKEY BASED) OR HOOC (VODKA BASED)
 CASH BAR

ROARING TWENTIES ATTIRE IS WELCOMED!
TO PURCHASE TICKETS CONTACT:

DOROTHY TAYLOR	(239) 948-4661	KAY MACDOUGALL	(239) 949-9609
BARBARA ANDERSON	(239) 992-9991	DONNA DIMARTINO	(239) 947-0746

DEADLINE TO PURCHASE TICKETS: **NOVEMBER 22, 2010**

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The Women's Club is heading to Punta Gorda by bus on Wednesday, December 8th. We will be leaving the Clubhouse at 1:45pm to do some shopping, dinner (at a restaurant of your choice) and then ending with a boat ride to see the Christmas Canal Lights in Punta Gorda

We must board the boat by 5:30pm

\$27.00 per person (incl. bus, boat & gratuities)

This trip is now open to family & friends.

Final Deadline is November 18th!

Questions, call Denniese Dahms at 498-0987 or Betsy Andersen at 947-2005.

Make checks to Women's Club and give to Suzi!

*We're going to Sawgrass Mills Outlets!!
 Tuesday, November 9th,
 the bus will leave Cascades at 8am and return about 5pm.
 \$25.00 per person
 Now open to family and friends!
 Final deadline to sign up is Friday, October 29th
 Give checks to Suzi!*

Sponsored by the Women's Club
 Questions? Call Dee Bendix 390-0334

Make checks to the Women's Club & give to Suzi

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Mariner's Up-coming Events

*Sunday, November 14th
Amphibious Duck Tour*

*Bus trip to Miami and shopping at the Bay
Street Market.*

*We will depart at 8am and return around
6:30pm*

*You will be on your own for lunch having
plenty of restaurants to choose from.*

Duck holds 49 passengers

*\$60.00 per person (includes tips for the bus
driver and Duck.)*

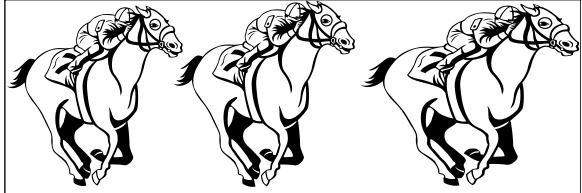
*Saturday, December 4th
Holiday Dinner Cruise on the Naples
Princess \$65.00 per person
(See page 17 for more details!)*

*Commodores Ball
Saturday, January 29th, 2011
at the
Pink Shell Beach Resort and Spa
entertainment provided by
"Manhattan Connection"*

*Rooms will be available at discounted prices
with more details to come later.*

*Your hostesses: Carol Sever, Bunny Lenox,
Carol Hagan and Carmel Vaillancourt*

*You can
SIT down and watch it happen,
STAND up and see it happen, or
Get INVOLVED and make it
happen...*



Be ready when
The Cascades Women's Club
presents

"The Cascades Derby"

Wednesday, February 23rd
at noon.

There will be fun, food and
competition.

Bet on your favorite horse! We
are having a hat contest. Design
and make or buy that special
derby hat.

For more information call
Bonnie Rimar: 947-4742

Owner is a resident of the Cascades



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Grandma's Cleanup Tricks

submitted by Sandy Geoffroy

To remove coffee or tea stains from china, rub with a damp cloth dipped in baking soda.

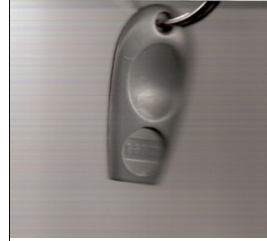
To quickly remove food that is stuck to a casserole dish, fill with boiling water and 2 tablespoons of baking soda and salt.

To clean a sink or drain, pour ½ cup of baking soda followed by a cup of vinegar down the drain...let the mixture foam, then run hot water.

Silver will gleam after a rubbing with a damp cloth with baking soda and rubbed after with a soft cloth.

For a simple clean-up of your hand grater, rub salad oil on the grater before washing it.

Grease splatter on the stove may be removed by applying dry baking soda to the spots, then rubbing with a damp cloth. Rinse with clear water and enjoy the like new look.



NEW KEY FOBS

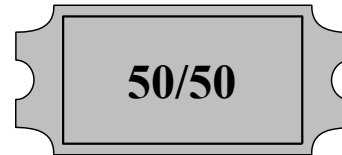
submitted by Pat Calvert

Are you tired of digging into your purse or pockets, looking in vain for your key card to enter the

Clubhouse? Recently the Board requested the Women's Club to assist them in making key fobs available for all community residents. Board liaison for this is Jackie Bull; and Lynne Troutman, CWC Treasurer is coordinating sales to residents.

To purchase a key fob, you will need a check for \$10.00 each and your old key card to turn in for the new fob. Time and place for selling the fobs will be announced in the Gazette, on the bulletin boards and on the Community Channel.

Please contact Lynne Troutman at 992-6167 or e-mail her at mt troutman@comcast.net for additional information.



TAKE A CHANCE- WIN SOME CASH!!

The Cascades Women's Club will be selling 50/50 tickets to members attending our monthly meetings.

Cost of tickets will be \$1.00 each ~ or 6 for \$5.00

Proceeds will benefit the club's community projects.



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COLLECT CAN GOODS

With so many people still unemployed in Lee County, the need for canned goods remains high! To help our local food bank in San Carlos, the CWC will continue monthly collections of canned goods. Please bring your donations to our monthly meeting on Wednesday, October 27th. If you cannot attend, please call Pat Calvert at 947-1025 or e-mail me at: calvertpat@aol.com. I will gladly pickup any donation from any and all Cascades residents.

Articles submitted by Pat Calvert, CWC President

TEDDY BEARS, CHRISTMAS TREES, AND PJs TOO!!!

submitted by Santa's Helpers

Before long the holiday season will be upon us. Once again this year, this wonderful tradition here at the Cascades continues. We will kick off the season with the decorating of Christmas trees, specifically our beautiful "Teddy Bear Trees"

The date is Friday December 3rd, and the exact time will be announced at a later date. Watch for postings. On that day Suzi will host a gathering for celebrating, festive singing, and decorating Christmas trees with Teddy Bears and other assorted stuffed animals that our residents have brought to the clubhouse. Remember how beautiful the trees looked last year when they were completely filled? Hopefully, as you know by now these toys are collected and then after Christmas are bagged up and delivered to the Lee Memorial Children's Hospital for distribution year round. Each child entering the hospital is presented with a stuffed animal at time of admission in the hope that it will act as a buddy during their stay. The child gets to keep the little critter when they go home so the staff is in constant need of donations to replenish their supply.

The social worker we deal with tells us that a lot of groups want to help during the Christmas holiday but that they are quickly forgotten during the rest of the year. We attempt to change that.

Our resident Santa, Mr. Bob Housman also makes a visit each year to the hospital before Christmas to deliver toys and pajamas for good little boys and girls. These gifts are both purchased and donated by residents. It has never failed to amaze me that the residents of the Cascades are more than generous when asked to donate for a worthy cause. One lady has told me that she already has purchased ten pairs of PJ's and she's not done yet! We generate funds to purchase toys and PJ's from the raffle that we hold at the annual St. Patrick's Dance. Our funds are a little low at present so in order to insure a sold out crowd once again mem-



bers of the Harp and Thistle Pipe Band have agreed to appear at the Cascades to celebrate St. Patrick's Day! Watch for details.

The Cascades Santa's Helpers funds are recorded and kept on file in Suzi's office for anyone's inspection just by making an appointment. Thanks for your generosity in the years past and we hope to see you on December 3rd with an armful of Teddy Bears.



Cascades Gala 2010

submitted by John Piccolo

Of all the great activities Suzi plans for the Ballroom the annual Gala is my favorite. The Gala epitomizes the class of our Ballroom and Clubhouse. Suzi uses special vivid colored tablecloths, matching cloth napkins, gold chargers, glass dinner plates, and long stem wine glasses. The centerpiece is always special and accompanied by candles.

The salads were served by the caterer. One could literally have two different meals at the buffet. roast beef and/or stuffed chicken. There was complimentary champagne served with delicious appetizers. Dishes were cleared by the caterer before the assortments of cheese cake deserts were laid out.

The entertainment was Billy Dean and Dawn, always a favorite. They played every song that we requested. Dawn did a few solos and bowed to loud cheering and some standing applause. They bring a lot more equipment than they need to guarantee a good show.

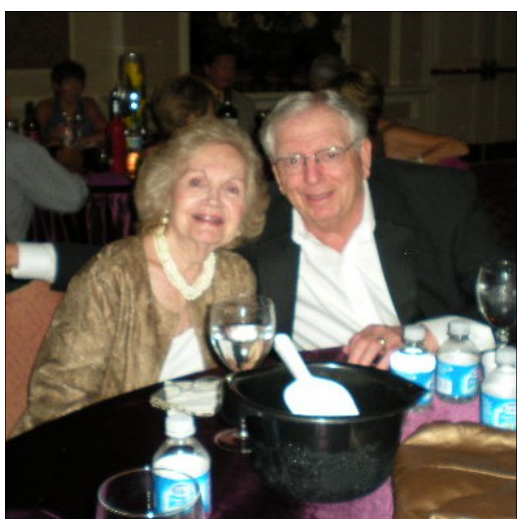
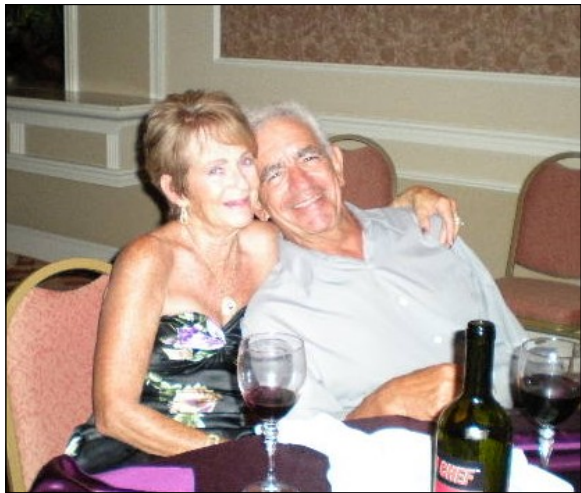
I can't give a better compliment than pointing out that some people danced on the rugs in the back of the ballroom and were still dancing on the wood floor past closing time.

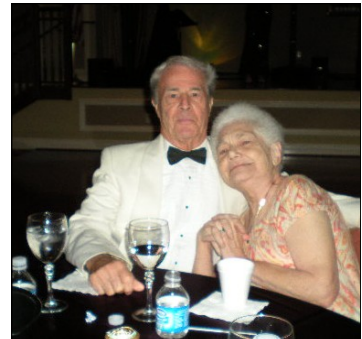
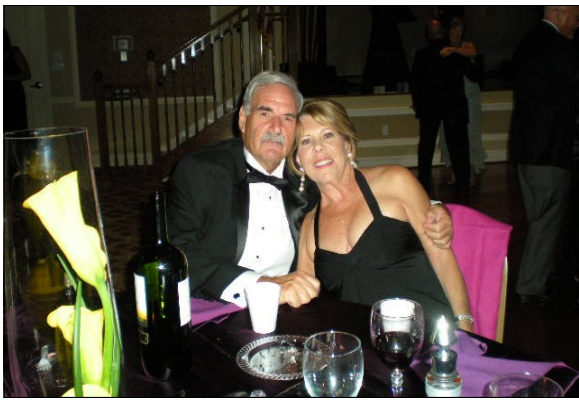


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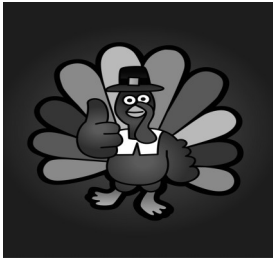


...A wonderful time was had by all!

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It's a Tough Year All Around!
 submitted by Sandy Geoffroy

The economy is so bad that I got a pre-declined card in the mail.
 I ordered at McDonald's and was asked, "Can you afford fries with that?"
 CEO's are now playing miniature golf.
 Hot Wheels and Matchbox stocks are trading higher than GM.
 McDonald's is selling the 1/4 ounce burger.
 Parents in Beverly Hills fired their nannies and learned their children's names.
 The Mafia is laying off judges.
 Exxon-Mobil laid off 25 Congressmen.
 And finally....Motel Six won't be leaving the light on anymore.

BINGO!

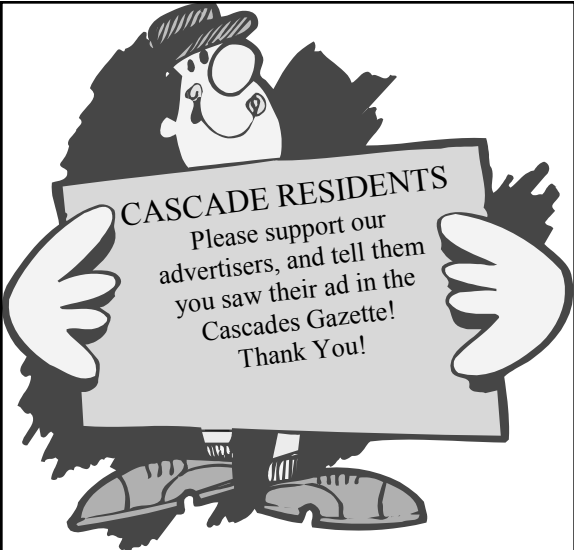
Bingo Information
 Bring your dabbers, money and four-leaf clovers...
 Bingo is back on Sunday, November 21st. Doors open 6pm and the games start at 6:30 sharp! Tell a friend and we hope to see you there.

NO BINGO IN DECEMBER
See you on Sunday, January 16th.

THE EXTERMINATOR

Pest Control, Inc.
"Home of the small game hunter"

Fred Hendry 267-7200





P.U.R.S.E.S.SM
The Premier Financial Workshop for
Women Ages 50 & Over



JILL O'BRIEN

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Learn the Six Simple Principles of
P.U.R.S.E.S.

- P** – Purpose Based Planning
- U** – Understanding Money Basics
- R** – Resources Available
- S** – Stages of Life
- E** – Empowered for Decision Making
- S** – Security System For Your Assets

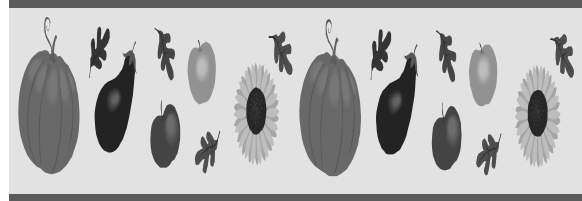
Topics Will Also Include:

- Common Financial Mistakes Made By Women
- Financial Differences Between Women Who Are Single, Married, Divorced, or Widowed
- Making Money Last A Lifetime
- Avoiding Unnecessary Taxes
- Understanding Important Estate Planning Documents
- The Four Financial Phases of Life
- Dealing With Long Term Care Concerns
- Dangers of Joint Tenancy With Children
- Efficient Ways of Passing Assets To Heirs
- Charitable Giving Strategies

Coming to:
The Cascades at Estero
Thursday November 11th 2010 5:30 p.m. – 7:30 p.m.
(Dinner Provided by Sonny's BBQ)
Event and Meal Are Both Free
Registration is Required
Sign Up Sheet Located in the Clubhouse
or Call Suzi Rees at (239) 495-6742

Many Heartfelt Thanks...
To all our wonderful friends in Cascades for your prayers, cards and best wishes during Bob's recent kidney transplant operation. We can't tell you how much this has helped us through this trying time and with his continuous improving recovery!
Carol & Bob Hagan

I Didn't Know That
submitted by Sandy Geoffroy
"Up For Grabs".....This saying came from the Great Depression, when diners and cafeterias found it customary to save every scrap of food. Any and all excess was salvaged, and restaurant owners soon started setting aside their leftovers for beggars and the homeless. It became the practice for these leftovers scraps to be set at the end of the lunch counter, bagged and ready to go for anyone who was in need. Thus, the expression "up for grabs" became the catchphrase for those morsels of food, set *up* on the counter for the needy to *grab*.



Prudential

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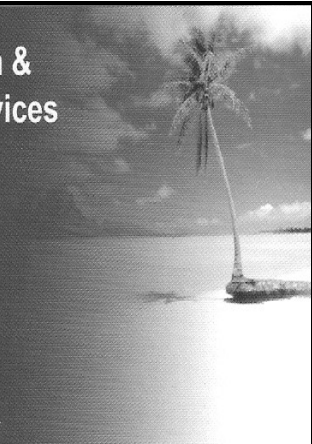
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Cascades references upon
request!

Bridge Information for November

Tuesday Night Couples Bridge will
be hosted by:
Joanie & John Stanford 949-4214

Wednesday Ladies Bridge will be
hosted

by
Sandy Geoffroy
992-5499



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Who are we and what do we do?

****We support our local community through various philanthropic channels.
Please call any of our offices for information on how to be part of our volun-
teer team. ****

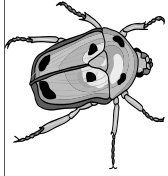
****We are committed to our global community by establishing “green” office
practices.****

****Our Agency is here to provide you first class protection and service for your
Auto, Boat, Home, Motorcycle, and Business Insurance needs. ****

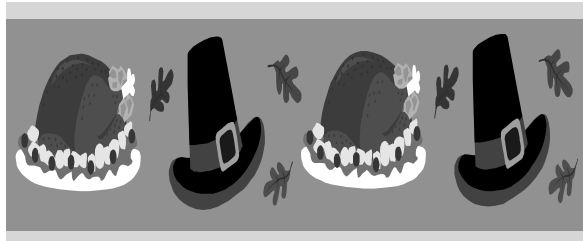
What can we do for you?

The Bed Bug Saga Lives

submitted by Sandy Geoffroy



An entomologist is an insect specialist. They and many other experts are saying there is an epidemic in America. This information could be helpful and save you Excedrin headache #44. He says that much of our clothing, sheets, towels etc. now come from companies outside the U.S. even the most expensive stores sell foreign clothing from China, Indonesia, etc. The bed bugs are coming in on the clothing, as many of these foreign countries do not consider them a problem. He recommends that if you buy any new clothing, even socks, underwear, sheets, towels....please bring them in the house and directly into the dryer for 20 minutes. The heat will kill the bugs and their eggs. DO NOT purchase clothes and hang them in your closet first. It doesn't matter what you pay for the items or where you purchase them...they could be there. All you need is to bring one item into the house that has the bugs or eggs and your life will become a nightmare trying to get rid of them. Be alert and sensible!



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NAPLES, FLORIDA 31109

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WWW.SHAHLAMEDICAL.COM



Dear Readers,

We goofed, or rather I goofed as the messenger informing you about one of our book selections for October. I must have been out to lunch, thinking about a tennis match or "whatever."

The book is "Oh Johnny" by Jim Lehr. The correct information should have been: "The novel is a compelling, complex story of one man's remarkable coming of age – and Jim Lehr at his best."

There will be no meetings in November or December due to the holidays. Our next meeting will be in 2011.

Pat Beausoleil

Veterans Day
November 11th



VETERANS DAY
PANCAKE
BREAKFAST
THURSDAY,
NOVEMBER 11TH,

9AM (BALLROOM)

\$6.00PP

DEADLINE TO

SIGN UP

WITH SUZI IS MONDAY,
NOVEMBER 8TH TO
AVOID CANCELLATION

THE MEN'S CLUB

With the holidays upon us, the Men's Club has approved a donation of \$200.00 to the Lamb of God Church in Fort Myers, a non-denomination church, which distributes hundreds of turkey dinners to needy families in the local area. The Men's club has been participating in this for the last three years. With the bad economy businesses are cutting back on their contributions to charities. Organizations are more grateful than ever for donations. The Men's Club is also having a food drive. Donations of can goods and non-perishable food items will be collected at our Nov. 9TH meeting. The Interfaith care givers of South Lee County will then distribute them.

In the last two years the club has donated more than \$1,600.00 to local charities and events. The Susan G. Komen breast cancer awareness walk, held here at the Cascades, our local VFW post, and our own Cascades Chorus have benefited from our generosity. Our last two Memorial Day Ceremonies here at the Cascades were also totally funded by our Men's Club, including the cost of all flowers, coffee and cake as well as a generous donation to the pastor of Our Lady of Lights church for his participation.

We are not funded by the Association and are completely self-sufficient. We have achieved all of this and more with a donation of \$15.00 Dollars per person which is collected once a year. I ENCOURAGE ALL MALE RESIDENTS to join the Men's Club and help to promote fellowship and camaraderie for its membership through common interests. Any Questions concerning joining the Men's Club can be directed to Ralph Giaquinto, Club President at 948-4670.

Tutti Fruitti

submitted by Sandy Geoffroy

This was on the Dr. Oz Show... What is the correct way to eat fruit?

Fruit should not be eaten after a meal or be eaten on an empty stomach. Eating fruit plays a major role in detoxifying our system. With its natural sugar it provides a person with a great deal of energy for life's activities. Fresh fruit is better than fruit juice.

If you eat food than the fruit, the bodies digestive juices spoils the entire mass of food in the stomach. You've heard people complain: Every time I eat watermelon I burp, my stomachs bloats, when I eat a bananas my stomach rolls, etc. Below is some fruit information:

Kiwi: Tiny but mighty, and a good source of potassium, magnesium, Vitamin E and fiber. It's Vitamin C content is twice that of oranges.

Apple: Any apple a day? It could be true.

Apples have a low Vitamin C content but it has antioxidants and flavonoids which enhance the activity of Vitamin C. It lowers the risk of colon cancer, heart attack and stroke.



Strawberries: Strawberries have the highest total of antioxidant power

among major fruits and protect the body from cancer causing, blood vessel clogging free radicals.



Oranges: Four oranges a day may help keep colds away, lower cholesterol, prevent and dissolve kidney stones and reduce the risk of colon cancer.

Watermelon: Is the original thirst quencher since it is composed of 92% water.

Watermelon is also packed with a giant dose of glutathione, which helps boost our immune system and lycopene, Vitamin C and potassium.



Guava and Papaya: They are the clear winners for their high Vitamin C content. Guava is rich in fiber and Papaya in carotene, which is good for your eyes.

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Attention All Resident Run Activities

In order to accurately update the list of Daily Activities that are scheduled in each of the clubhouse rooms, which includes the Pool, Card Room 1, Card Room 2, Billiards Room, Arts & Craft Room and Aerobic Room. Please fill out the bottom part of this form and return the whole page to me by December 15th, 2010. I will then reserve the room for your activity. If I don't have a form for your activity the room will not be reserved and will be available for use.

All rooms are for the enjoyment of the entire community. All residents take priority over guests. If your activity doesn't require the use of all the tables in the room, the unused tables will be available to other residents with the Activity Directors permission only! Some restrictions may apply.

Reservation Form

Name of Activity _____

Day of Activity _____

Time of Activity _____

Name of Contact _____

Phone Number _____

In some cases an application form may also need to be filled out.

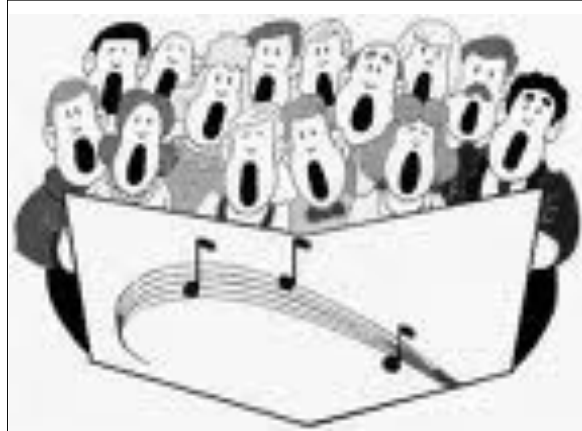
Card Room #1 _____ Card Room #2 _____

Teddy Bear Tree Trimming



Friday, December 3rd
at 4pm

Enjoy Cookies
& Egg Nog



FRIDAY, DECEMBER 3RD,
AT 7:00 PM

Then come back for our
Cascades Chorus
Holiday Program
at 7:00 pm.

Stay after to dance.
Tunes by the Cascades
Virtual Band.

Sign up for tables with
Suzi, BYOB and Table
snacks. Coffee and Ice will
be provided.

FREE EVENT!



NOVEMBER 2010

- Saturday, November 6th & Sunday, November 7th**
“Any Body for Tea” Cascades Player Performance & Dinner
Thursday, November 11th ~ Veterans Day Pancake Breakfast
Thursday, November 11th ~ For Women 55+ “Purses” Speaker & FREE Dinner
Friday, November 12th ~ Happy Hour in the Foyer with Live Music Poolside
Saturday, November 13th ~ The Rockettes “Christmas Spectacular” at Barbara B. Mann

DECEMBER 2010

- Friday, December 3rd** ~ Teddy Bear Tree Trimming & Chorus Concert
Saturday, December 4th ~ Cascades Holiday Bazaar
(Bigger & Better this Year)
Tuesday, December 7th ~ Chanukah Party Entertainment by Joe & Lynn Goldovitz
Saturday, December 11th ~ Christmas Party Dinner & Dance
Entertainment by The Night Train Band
Sunday, December 12th ~ Ft. Lauderdale Christmas Pageant
Monday, December 13th ~ Free Christmas Concert with Jenny & Tyler
Thursday, December 16th ~ 3rd Annual Trolley Lights Tour
Friday, December 31st ~ New Years Eve Party Dinner & Dance
Entertainment by Greg & Claudia

JANUARY 2011

- Saturday, January 15th** ~ Team Trivia Night
Friday, January 21st ~ 4-Loves of FDR Storytelling Performance
Monday, January 24th ~ Spanish Lessons (6 weeks)

FEBRUARY 2011

- Friday, February 4th** ~ Joey & Maria’s Comedy Italian Wedding
Interactive Dinner Show
Saturday, February 12th ~ Health Fair
Monday, February 14th ~ Valentine’s Dinner & Dance Entertainment by Soli & Andre
Saturday, February 26th ~ Valli to Valli with Bobby Valli Tribute to The Jersey Boys

MARCH 2011

- Saturday, March 12th** ~ Susan G. Komen Race for the Cure
Thursday, March 12th ~ St. Patrick’s Day Party Dinner & Dance
Entertainment by The Florida State Champions Supreme
Harp & Thistle Pipe Band of Southwest Florida and Music by Bill Jollie
Thursday, March 31st ~ Rob Garrett “King of Diamonds” Tribute to Neil Diamond

APRIL 2011

- Friday, April 15th · Saturday, April 16th · Sunday, April 17th**
Variety Show

SEPTEMBER 2011

- Saturday, September 24th ~ 7th** Anniversary Gala Dinner & Dance
Entertainment by Hot Topic, Duo

DECEMBER 2011

- Saturday, December 10th** ~ Christmas Party Dinner & Dance
Entertainment by Latitude, Duo
Saturday, December 31st ~ New Years Eve Party Dinner & Dance
Entertainment by Soul Machine, Band

All events are scheduled but may be subject change based on participation.

OFF TO THE KEYS...

Our motor coach arrived and we were on our way at 7am. Yes we were a little sleepy but after our coffee and breakfast stop at Mc Donalds, we were ready to roll. Our driver Dave was very informative of things along the way. We arrived at the Vizcaya Museum at 10am for our tour of this historic land mark which included a main house filled with art and furnishings and 10 acres of gardens. We had lunch at the Orchid Cafe which was outside. Then on to where we would spend our night at the Key Largo Beach Bay Marriott which was lovely. We met for cocktails at Breezers Bar and watched the sunset. On to dinner at Gus' Grille where we enjoyed our meal. After dinner Bunny, Carmel and Carol H. entertained the group with a Pumpkin contest made out of paper. We had lots of laughs from what came out of this. Our winner was Carol Miska with the best shape and face, with Carol Borich 2nd, and Pat Maxwell 3rd. It was Carol and Tom's 1st trip with us so glad she won. On Sunday we were all sad we had to leave the Marriott but we did enjoy our buffet breakfast. Next we were off to our Glass Bottom boat trip. We saw lots of fish, sea fans, barracuda on the coral reefs. After the boat trip our driver stopped at the sandal outlet for us to shop. Again we were off to the Coral Castle in Homestead, Fla. where we had a 1 hour tour. It was built by 1 man who single handed carved and erected over 2.2 million pounds of rock to build this castle. It was a very interesting tour. Then we stopped for lunch/dinner at Cracker Barrel. All in all it was a busy week-end and the weather was beautiful and everybody had a good time., and a great trip.



ARTICLE BY
CAROL SEVER
~
PICTURES BY
BUNNY LENOX



ANOTHER FUN NIGHT

submitted by Sandy Geoffroy



Our first Bingo of the season was a huge success, thanks to many Cascades Residents. If you see Sue Begley, our Crazy Hat Person for the night, just ask her how much fun we had. It was a profitable evening for many people especially Jan Kish, our full card winner of \$92.00. We hope to see everyone on November 21st, our next bingo date.





Christmas Party
Saturday
December 11th,
2010

Doors open at 5:30 pm
Formal Attire

\$40 pp

Buffet Dinner
at 6:00 pm

See the Bulletin Board
for the Menu

Entertainment by
The Night Train Band
& Dancing
7:00pm - 10:00pm

Must be 18 and older .

New Years Eve Party
2010

\$55 pp

Complimentary Champagne

toast at midnight!

Must be 18yrs

& Older



Friday,

December 31st

8:00 pm till ???

Formal Attire

Buffet Dinner

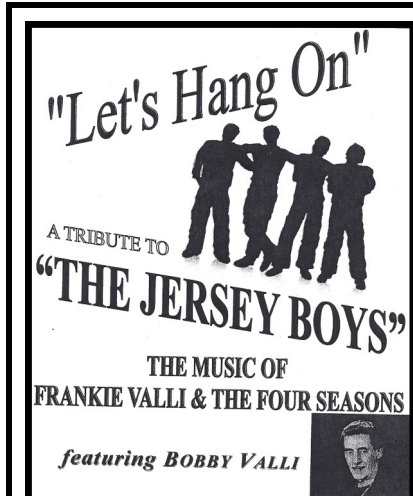
at 8:00pm

Entertainment by

Greg & Claudia

Dance 2010 Away

B4OB



Saturday, February 26th, 2011

7:30pm in the Ballroom

Theater style seating

Don't miss this tribute to

"The Jersey Boys"

The music of Frankie Valli & the Four Seasons featuring Bobby Valli

\$25.00 per person ~ See Suzi for your tickets

Thursday, March 31st, 2011

7:30pm in the Ballroom

"King of Diamonds"

Rob Garrett in concert

You'll be convinced that the real Neil Diamond is on stage in front of you!

Tickets are \$25.00 per person (See Suzi)

Theater style seating



**On Wednesday, November 17th at noon,
The Lunch Bunch**

is going to the British Open Pub

**Since the weather will be cooler, we will
have lunch in their outdoor area.**

**Please sign up before November 15th for a
head count. Menu and sign up sheets
are in the book in the Media Room.**

Questions?

Call Marilyn Mintz at 948-2239

Good Advice to Live By

submitted by Sandy Geoffroy

If you want your dreams to come true, don't oversleep.

The smallest good deed is better than the grandest intention.

The 10 commandments are not multiple choice.

The happiness of your life depends on the quality of your thoughts.

Ideas won't work unless you do.

One thing you can't recycle is wasted time.

The heaviest thing to carry is a grudge.

Don't learn safety rules by accident.

Jumping to conclusions can be bad exercise.

A turtle makes progress when it sticks its head out.

A friend walks in when everyone else walks out.

And most importantly...One thing you can give and still keep...is your word!

G.T.Y. SERVICES

23449 Olde Meadowbrook Circle Bonita Springs, FL 34134
OFFICE ~ 239-947-5575

PRESSURE CLEANING

Cascades residents fixed roof cleaning prices

Our roof cleaning price includes: All aluminum soffits, gutters and downspouts.

“We also clean your house.” All mud daubers, bees’ nests, cobwebs and mold will be gone! We apply an algaecide treatment to your clean roof as part of our fixed fee.

Other companies will ala-cart the chemical treatment service at \$80.00 to \$120.00 per 2000 sq. ft.

THESE PRICES ARE FOR EVERYONE!!

Foxworth Cir. \$340.00	Castlemaine Ave. \$295.00	Springview Loop \$295.00
Cascades Isles \$275.00	Serene Meadow \$275.00	Sun River Way \$295.00
Lismore Lane \$295.00	Liseron Dr. \$295.00	Ballylee Ct. \$295.00
Breezeway Ct. \$295.00	Alana Ct. \$295.00	Whitefield Dr. \$340.00

“WE DELIVER QUALITY RESULT FOR A FAIR PRICE”

Have you seen any of the 100 Cascades homes we’ve painted?

Cascades Residents:

For the past two years **G.T.Y. SERVICES** has been working in your community on a daily basis. We are a small company that has managed well in painting more than **100 homes in the Cascades**. We have provided other services such as interior painting, epoxying of garage floors, roof cleaning, chemical coating and driveway stripping and resealing. **We have worked for more than 300 residents.**

G.T.Y. SERVICES has an excellent reputation throughout the community. **Our exterior paint service is our Company’s pride and joy.** We follow a proven system that has been perfected over many years. **A paint job is only as good as the preparation that goes into it.** We invite our customers to inspect our prep work before we apply a thick coat of premium paint. **It is our mission** to make you feel great about your home maintenance investment.

My name is George Yates, and I would love the opportunity to speak with you about your inevitable choice of paint vendors.

Thank you for your consideration.

“WHEN NATURE CALLS”

Dear Valued Customers:

At the time **G.T.Y. SERVICES** paints your home, we offer you a great value. Once a year for a period of seven (7) years, we will clean your aluminum soffits, gutters, house and walkway, **for the very low cost of \$85.00.**

Cob webs, bees nests, mud daubers and premature mildew growth **GONE!** Other services such as screen cages, lanai and driveway cleaning will also be greatly discounted. **(At the time of routine service)**

THIS OFFER GETS EVEN BETTER

In the years that you decide to clean your roof, the service cleaning fee of \$85.00 will be waved. It is our mission to treat you fair.

“NO PRICE GOUGING OR SLOPPY SERVICE.”

We realize that the service we provide to you over the next seven years will determine whether or not you will allow us to paint your home again.

BUYING & SELLING GOLD

submitted by John Piccolo

Now that we are deluged with "Buy Gold" commercials it's time to understand the numbers. This editorial references the "Buy-gold-take-delivery" scenario. The average markup per purchase is 15%. Which includes commissions, service charges, taxes, shipping, and handling. Therefore, a \$1000 purchase would cost \$1150. If, after delivery, you soon sell your \$1000 gold bar expect the same \$150 cost. So your \$1000 gold bar's total cost was \$1300, or a loss of \$300, almost one third. That is probably why the gold bullion companies recommend holding the gold for several years.

In this example, it takes several years to break even. The local savings banks, offering two and a half percent interests, offer a better return on your money. Since the \$300 total cost is 30% of your investment, you would do better leaving the money under the mattress for a few years until the financial doomsday scenario, that the talking heads claim is coming, passes. If gold is the answer to surviving the financial meltdown, why do the analysts recommend we should have only five to 20% of our portfolio in gold?

A very important aspect of this scenario: The gold company's sales personnel, shipping department, and the pickup driver of that company know you have gold being delivered. The shipping company, which includes package distribution, multiple depot unloading/reloading personnel, and the delivery driver to your home, know you have gold in your possession. To me, that gives new meaning to the term "Fool's Gold."

A QUILTING NEED

Our Cascades Quilting group is moving along really well. In fact, we have a number of new members who do not have their own machines. We are just wondering if there might be anyone who is living here now who has a working sewing machine that they no longer use. We would welcome the donation of your machine so that we could put it to good use making more baby quilts, lap robes, and quilted bags. If you have such a machine, please call Mary Alice Boller - 239-948-5717. We thank you for considering this need.

Key Estero Roadway Landscaping Projects Move Ahead

During September the Board of County Commissioners (BOCC) included two important Estero

roadway median landscape projects

in its approved 2011 Budget. Both of them were planned as part of the road improvements completed in 2009 but were not implemented then.

The budgeted projects are:

- Three Oaks Parkway from Corkscrew Road and Alico Road

- Estero Parkway between Three Oaks Parkway and Ben Hill Griffin Parkway.

These projects will supplement roadway segments completed years ago as part of the County's effort to satisfy the Estero Community Plan goal to landscape the median in all Estero's major thoroughfares.

Estero Parkway from US 41 to Three Oaks was landscaped in 2004 as a result of contributions by several major landowners along the route. The Three Oaks project is the third and final landscaping project on that roadway extending the outstanding job implemented by the Bonita Bay Group and the residents of The Brooks through that community and the County's landscaping of the segment between Williams Road and Corkscrew Road.

Estero will also benefit from the US 41 roadway landscape project now underway between San Carlos Park and Gladiolus Parkway. This project will be followed by another joint Florida DOT/ Lee DOT landscaping and irrigation project of US 41 between San Carlos and Corkscrew in conjunction with the six lane widening project now being bid and expected to begin construction by the first of the year.

We are fortunate that the BOCC recognizes that even in these tough economic times we must keep our community looking as attractive as we possible in order to maintain our property values, attract new residents to the area and support our large and vital tourism industry.

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CALL FRANK
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(A RESIDENT OF CASCADES)**

Just Added

**Welcome Back
Happy Hour**

In the Foyer

Friday, November 12th

5 pm - 7 pm

\$14 per person

**Sit back and relax with old
friends and new ones.**

LIVE MUSIC poolside.

**Welcome Back
Cocktail, Wine,
Beer & light
appetizers will
be served.**



NEWS FROM THE COURTS

Submitted by Joyce Haas. Tennis Committee

**WELCOME HOME TO ALL WHO
HAVE BEEN AWAY!.**

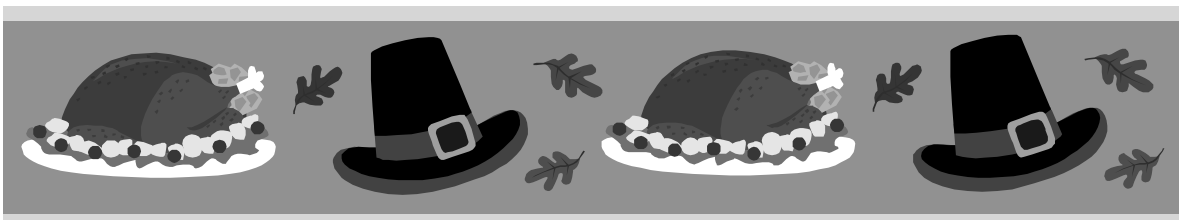
Activities around the tennis courts have been increasing.

The Pro League is now under way at various tennis facilities every other Friday, which began Oct. 22nd. Landings' was the first to host for this season. Gulf Harbor will host next, which will be Nov. 5th. Start times are usually about 4:00PM. The full schedule is listed on the tennis bulletin board. Shawn will again be participating in the Pro League and can answer any questions you might have. Also, remember to check the sports page on Tuesday's for Robin George's column, for info on the Pro League as well as other local tennis events.

Our Fall Tennis League has also begun. Cascades has two Ladies teams, a 2.5 and a 3.0. I am happy to report that the gentlemen have a total of 3 teams this year. The two 3.0's plus a new 2.5. Good luck to all, and also have fun. These schedules are posted on the tennis bulletin board. I must apologize to the new gentlemen's team, as I neglected to print out their schedule, but by the time you read this, the 2.5 schedule will also be posted. Remember, everyone is invited and welcome to join us in enjoying watching the home matches.

Please remember to watch the Tennis Bulletin Board for information on upcoming social tennis events.

That's all
for
now!!



www.CascadesInEsterero.com

Just a reminder that the old website is phasing out and the new official website www.CascadesInEsterero.com is increasing in membership. Please note that the timely and informative "Courier E-mails" you have been getting, due to the new BOD initiative, is generated from the old as well as the new website. Sorry for the duplication, however, when the old site is deactivated the Courier continued to be generated from our resident administered website www.CascadesInEsterero.com.

Please note that there are two parts to the website. The main page with interesting information and places to visit, in the form of push button links, is public and is the first page to appear when the browser arrives at www.CascadesInEsterero.com. An important button, "Resident Forum" links to the "Cascades Resident Eyes Only" pass word protected section, the Cascades Forum. There you will find a copy of the "2010 Resident Directory", committee and BOD meeting minutes, items for sale, recommended service providers, tours of our facilities, fun resident pictures, home floor plans, and much more.

Some of the Improvements and or recent additions to the website are:

1. The 2010 telephone and address directory has been posted on the Cascades Forum.
2. The September Gazette, as well as back issues, is a link off the main website page.
3. Channel 95 is also replicated on the main page.
4. Suzi's activity schedule, out to December 2011, has been posted on the Forum.
5. The Hurricane Center link, off the main page, has been updated and getting a lot of obvious attention.
 - * After clicking on the "Hurricane Center" link:
 - * Place your cursor over one of the storm icons and see a dropdown box of data.
 - * Click your cursor over one of the storm icons and see the storms estimated track.
 - * Click on the open ocean and see a satellite image of the storm area

Please check out the website at www.CascadesInEsterero.com and join the Forum. Any constructive critique is actively requested. Contact address: Webmaster@CascadesInEsterero.com

The Information Center Committee

....continued from front page (Tony Dumas)

I have no intention of boring you with statistics but consider these: 614 homes and common elements, 158 acres in all; a valve for every two homes – over 300; each valve having its own in line filter; 7 lake pumps; 13 clock controllers with decoders and solenoids; over 1000 zones. That is a lot of mechanical and electronic equipment that can go wrong.

Now that you have the stark facts, let me move on to the positive side of all this. The Board and your Landscaping Committee are very aggressively engaged in making changes which we anticipate will go a long way towards solving, or at the very least substantially easing, our irrigation issues. The starting point is having our own dedicated technician at Cascades 5 days a week, with on-call availability over weekends and at night for extreme emergencies. However, we will take steps to restrict those call-outs to an absolute minimum. This will be achieved by having line breaks and broken sprinkler head problems wait until Mondays by the simple expedient of turning off the water supply to the affected area. This will be done by volunteer residents and a day or two will not be a problem.

I anticipate most of you are, by now, asking when this will happen. You may be very pleasantly surprised to know that it will be relatively soon. We solicited bids for an irrigation contract based on our needs set out above and the process of awarding it is well under way.

Thank you again to all of you for your patience & understanding.

CASCADES CHORUS



Sing, Sing a Song is the motto of our Cascades Chorus. The Cascades Chorus is a group of residents who enjoy music and singing. Our goal is to support the Cascades Community. We are looking for new members from the Cascades Community to join us. Rehearsals are on Thursdays in the Craft Room at 9:45 am. We welcome one and all. If you enjoy music, singing or play an instrument come and have fun. We have Rich Dittus from Our Lady of Light as our Musical Director. Our chorus has come a long way under his direction.

Our first performance will be on Thursday, November 11th, for The Veteran's Day Pancake Breakfast at 9:00 am.

We are planning for our next Holiday Concert on Friday, December 3rd, in the Cascades Ballroom as part of the Teddy Bear Tree Celebration. We will have a free Holiday Concert at 7:00 pm with many holiday favorites.

We encourage everyone to join us for a fun evening. We will also have music by the Cascades Virtual Band and John Piccolo for dancing and your enjoyment. BYOCS, (Bring Your Own Cheer and Snacks).

The Cascades Players presents

“Any Body for Tea”
on Saturday & Sunday,
November 6th & 7th
Dinner & Show
\$15.00 per person

Spaghetti & Meatball
Dinner is served
at 5:30pm
Show starts
at 6:30pm
Any questions
contact Suzi
at 495-6742



“Secretariat”

submitted by Alan De Petro

It wasn't the “Horse Whisperer” but my wife who whispered, Secretariat. In a former life she was co-owner of 3 American saddlebreds and the granddaughter of a Kentucky thoroughbred trainer. She too knew about the heart, soul and mind of a horse and what it meant to have one appear on the cover of a magazine, her 5 Gaited horse on Saddle and Bridle.

Secretariat was more than a story about the making of a champion and winning The Triple Crown in 1973. Appearing on the covers of Time, Newsweek and Sports Illustrated all in the same week, “Big Red” the thoroughbreds barn name had heart, followed by the faith and trust others had in him like the owner, trainer and groom. Additionally, the sports/drama is about the 60's and 70's an era with boxings Ali, a time of awakening, protests, the Viet-Nam War and...a fading of Americana as we knew it.

The movie began with a phone call and Penny Cherney Tweety (Diane Lane) learning of her mother's death. It was a defining moment for this Colorado housewife, mother of 4 and wife of lawyer/husband Jack Tweety (Dylan Walsh). It was a redefining moment for *all* when Penny returned to her parents estate/horse farm in Virginia for mothers burial. Her father Chris (Scott Glenn) in equal fading health and mind was confused and Penny was being encouraged by her brother (Dylan Baker) an Econ professor to sell the farm, Penny's husband agreeing.

Role reversals abound with feminism redefined. It's now about strength, character, taking chances and...betting the farm! Penny hires a flamboyant, close to the vest trainer, French-Canadian Lucien Laurin (John Malkovich) after firing an opportunistic trainer. She also hires a new champion jockey (Otto Thorworth), keeping the groom Eddie Sweat (Nelsan Ellis) and retains father's secretary, Elizabeth Ham (Margo Martindale), she being responsible for the naming of Secretariat.

This was an uplifting story not only about winning but also the triumph of horse and human spirits. “Secretariat” earns a **B+**. **Time:** 116 minutes. **PG** for brief, mild language.

Jenny & Tyler

FAINT NOT

FALL 2010 CD

RELEASE TOUR

WHERE

Cascades Ballroom

WHEN

Monday, Dec. 13th 7pm

PRICE

FREE

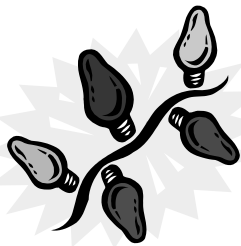
FOR ADV TIX & MORE INFO VISIT JENNYANDTYLERMUSIC.COM



JENNY & TYLER RETURNING!! Save Monday, December 13 - 7 pm

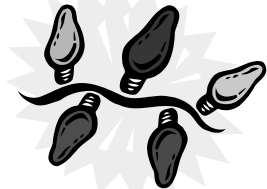
We hope that you will save this date for the return of that terrific entertaining couple, Jenny & Tyler. For those of you who have not heard them perform, Jenny & Tyler are from Nashville, TN and consider themselves to be a Pop/folk duo. They write most of their songs, and seem to have a large following of fans from the ages of 10 - 90. Some of you have heard them sing and play here before. By the time they arrive here in December, they will have produced their third CD and will be in the middle of their tour promoting it. If you want to look them up on the web, try Jennyandtylermusic.com. The concert will be free, and cookies will be provided! We will share more with you next month about this dynamic duo. From the Boller's - Jenny's grandparents.

Please bring your donations of can goods or non perishables be given to our local food bank in San Carlos .



3rd ANNUAL CHRISTMAS LIGHTS & TROLLEY TOUR

**An Evening on 3rd Street &
5th Avenue in Naples.**



Thursday, December 16th

The trolley will leave Cascades at 5:30 pm and head for Naples. You will then have some free time to shop, have dinner (get a group together and tell me where you'd like to eat and I'll make the reservation) enjoy live music on 3rd Street or just walk around and enjoy the beautifully decorated streets. Then we will board the Trolley and see the lights on the way back to Cascades returning about 10:30 pm.

Sign-up with Suzi NOW as this popular trip fills up fast.

\$20 per person includes trip and one...

maybe 2 Bailey's & Coffee to go!

Holiday Bazaar

Saturday, December 4th, 2010
9:00 am - 2:00 pm



Cascades Chorus

Will be selling Coffee & Morning Snacks!

**Handbags
Shoes
Shirts
FOR
SALE**

**Creative
FUN
pottery gifts
for the
holidays!**

the perfect gift

Visit Our Booth
Get A Coupon Up To 20% Off
Hundreds Of Design Choices
See Your Photos In A Tumbler!

why tervis?

- no coasters needed
Throw away your coasters - our tumblers won't sweat.
- virtually unbreakable
Tervis makes the strongest, most durable drinkware available.
- lifetime guarantee
Since 1946, Tervis has been making quality drinkware. We are so sure of our product that we offer a lifetime guarantee.
- hot & cold
Tervis has double wall insulation to keep your hot drinks hot and your cold drinks cold!
- dishwasher & microwave safe
- made in the USA
Always has been, always will.

tervis.Fort Myers Store

Palm Pointe Shoppes | 11621 S. Cleveland Ave., Ste 20
Fort Myers, FL 33907 | 239-939-2800

*A variety of
Art Work*

By local Artists.

A wide variety
of Jewelry

Cascades Women's Club

will be selling cakes, pies
and a bunch of other yummy
treats.

**A sneak peek ...
much more!**



Only One Guess!

submitted by Sandy Geoffroy

You may go by this several times a day but do you know what it's for? Thanks to Ron Kubinski and Lee Lanfare, they again have given us their time and know how and installed an exit touch button for motorcycles within our community. Thanks!



*The Cascades
Gazette
Wishes all the
residents a
Happy
Thanksgiving*

***A few words from your
Activities Director,
Suzi Rees***

Welcome back to paradise to all the snowbirds. It has been so wonderful seeing all of your friendly faces. Sign-up for the Welcome Back Happy Hour at 5:00 pm on November 12th in the foyer with **LIVE** music poolside and socialize with your neighbors and meet some of Cascades new residents.

If you are a resident leader of one of the games, please make sure to fill out the form in this gazette on page 23 to reserve your space. This daily calendar is given to all new residents so they know who to make contact with if they are interested in participating in one of the on-going games. Please make them feel welcome if they contact you to join in the fun. We want Cascades to be known as the friendliest community in town.

Our Get Well Wishes

go out to

Denniese Dahms

Rose Giacchetti

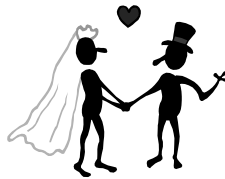
Phyllis Housman

Jerry Kash

Janet Witty

Get well real soon!!

*You are cordially invited to
attend the wedding of
Joey and Maria's
Comedy Italian Wedding
Interactive Dinner Show
on
Friday, February 4th
at 6pm*



*\$35.00 per person
This not so ordinary dinner show is now
in it's 17th year!
Come dance! mingle! sing! eat! laugh!
Come join all the fun!*



FOR SALE BY A CASCADES RESIDENT
Two Huffy 10 speed bicycles, Men's & Women's
BOTH \$100.00
Vertical steel bicycle rack for garage- holds
two bikes \$25.00
Flower pots, clay, decorative, small and
large \$1.00 each
Wool rug runner - approx. 40"x 54", fabrics galore,
Picture frames and pictures, picnic baskets,
glassware.
Framed stained glass, various windows at \$45.00
per square foot.
IF INTERESTED, CALL 498-1150




*Join the ladies from the
Women's Club as we board
the
USS Cascades
January 26th - at noon
in The Ballroom
for a Style Show
by "Stein Mart"
and a wonderful luncheon
by
Southern Accents
(Sign up in Media Room for choice of entrée)*

*Members \$18.00 per person
Non Members \$20.00 per person*

*Deadline is January 18th
Checks made out to the Women's Club and
given to Suzi
Any questions, contact
Peg Bright at 390-0501
Dawn Mclean at 390-9393*



November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Any Body for Tea Dinner & Show 5:30 pm
7 Any Body for Tea Din- ner & Show 5:30 pm <i>Set Clock Back</i>	8 BOD Approval Of the Budget 6:30pm	9 SAWGRASS MILLS 8AM BOD Workshop 1 pm Men's Club 6 pm	10	11 Veteran's Day Pancake Breakfast 9 am P.U.R.S.E.S	12 Welcome Back Happy Hour 5—7 pm Live Music	13 Rockettes at Barbara B. Mann 5 pm
14	15	16 Board of Directors Meeting 6:30 pm	17 Lunch Bunch BRITISH OPEN PUB 12 noon	18	19	20
21 BINGO 6:30 pm	22	23	24 NO Women's Club Meeting	25 Thanksgiving  Office Closed	26 Office Closed	27
28	29	30				

DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Chanukah begins 	3 Teddy Bear Tree @ 4pm Chorus Con- cert & Danc- ing 7 pm	4 Holiday Bazaar 9am-3pm
5	6	7 Chanukah Party 6-8pm	8 WOMEN'S CLUB PUNTA GORDA Trip 1:45pm	9	10 Roaring 20's	11 Christmas Party 6-10pm
12 Ft. Lauderdale Christmas Pageant	13 FREE Concert Jenny & Tyler 7 pm	14 BOD Workshop 1 pm Men's Club Meeting 6 pm	15	16 Holiday Lights Trolley Tour 5:30 pm	17	18
19 NO BINGO Tonight See you Jan. 16th	20	21	22	23	24 Christmas Eve	25  Christmas
26	27	28 BOD Meeting 6:30pm	29	30	31 2010 New Years Eve Party 8 pm- 	