



THE CASCADES *at Estero*

*The Cascades Gazette ~ "For the Best of Your Life"
"An Active Adult 55 and Over Community"
January 2011 ~ Number 1 ~ Volume 7*

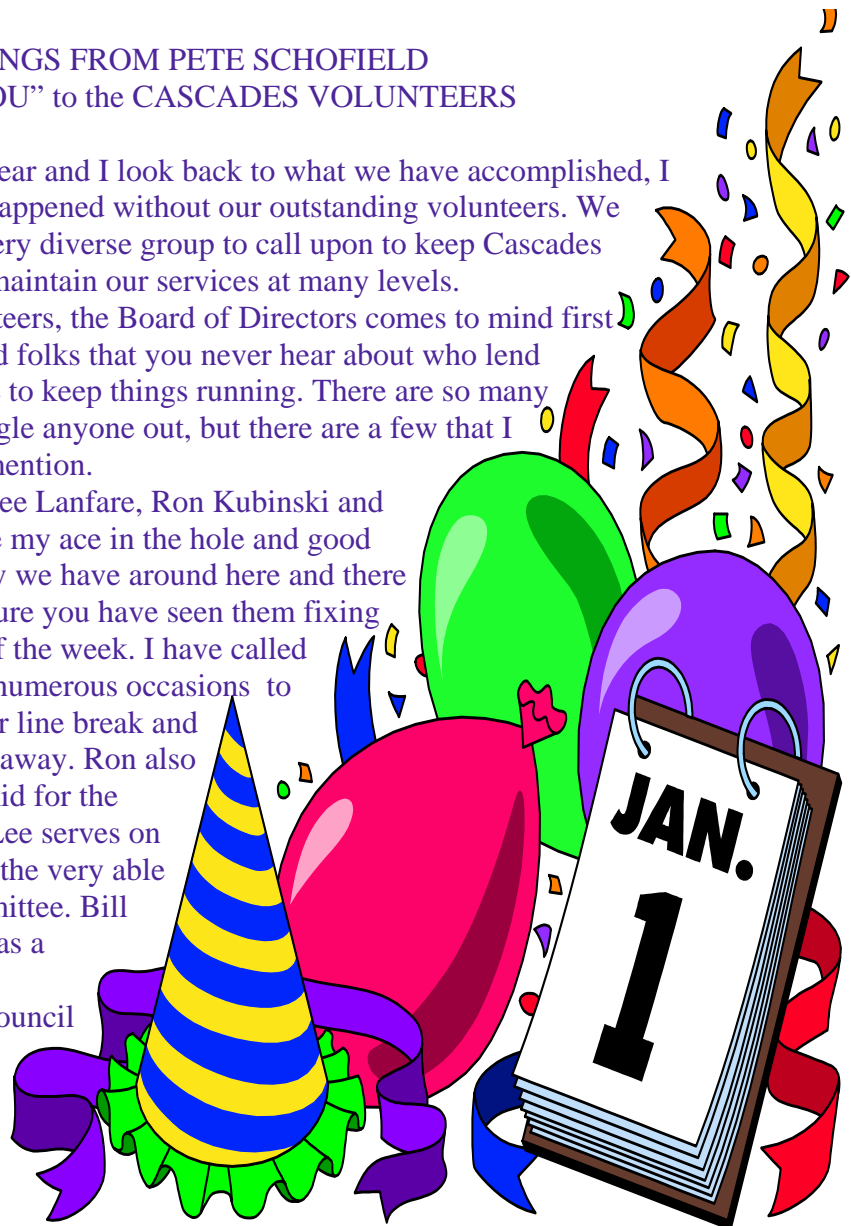
GREETINGS FROM PETE SCHOFIELD A "THANK YOU" to the CASCADES VOLUNTEERS

As we head for the New Year and I look back to what we have accomplished, I know none of it would have happened without our outstanding volunteers. We are very fortunate to have a very diverse group to call upon to keep Cascades moving forward and to also maintain our services at many levels.

When we talk about volunteers, the Board of Directors comes to mind first but there are many more good folks that you never hear about who lend their knowledge and expertise to keep things running. There are so many that it would not be fair to single anyone out, but there are a few that I would be very remiss not to mention.

The first three would be Lee Lanfare, Ron Kubinski and Bill Williams. Lee & Ron are my ace in the hole and good right arm for every emergency we have around here and there are many every month. I'm sure you have seen them fixing something nearly every day of the week. I have called them out in the early a.m. on numerous occasions to shut off the water after a water line break and before someone's lanai floats away. Ron also serves as the computer whiz kid for the Budget/Finance Committee. Lee serves on the Board of Directors and as the very able Chair of the Landscape Committee. Bill Williams who spent 32 years as a town and city manager is our representative to the Estero Council of Community Leaders and keeps us informed of all the political and community

continued on page 12...



The Cascades Gazette

Dee Bendix, Editor
Sandy Geoffroy

The purpose of this newspaper is to produce and distribute, to all residents, a monthly publication which is informative, educational and entertaining. We encourage the submission of articles, comments and suggestions. We reserve the right to reject articles, letters and advertising which may be political in nature, libelous, inflammatory or in bad taste. Articles and advertising are subject to editing, condensation and/or rejection.

The Newspaper Committee accepts no responsibility or liability resulting from advertising in this publication!

The Resident Association at the Cascades is not endorsing, sponsoring, recommending or guaranteeing the services or work product of any business placing an ad in the Gazette. Any member of the Cascades, contracting or using the services of any vendor, contractor or business advertising in the Cascades Gazette are advised to perform their own due diligence and assume all liability associated with services contracted or performed!

"New" ~ "New" ~ "New"

Newspaper Deadline...

Is the **23rd** of the prior month.

Deadline for **ads** is the **18th**.

E-mail all articles, and information
to Dee Bendix at

Bart2650@comcast.net

Please note new e-mail address!!!

**SPEED LIMIT
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COMMUNITY IS NOW
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Important Telephone Numbers

Community Association

Manager, Tony Dumas.495-7937

Tony's email....tdumas@swpropmgt.com

Administrative Assistant

Paula Van Dyke.....495-0562

Paula's email..pvandyke@swpropmgt.com

Activities Director

Suzi Rees.495-6742

Suzi's email....cascades@swpropmgt.com

Tennis Pro, Shawn Hedrick.....948-5287

Estate Landscaping.....498-1187

Florida Power & Light.....334-7754

Lee County Utilities.....936-0247

Waste Pro.....337-0800

Comcast.....793-9600

Comet Electric...(security).....800-554-5105

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~ WEBSITE ~

thecascadesatestero.org/index.htm

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BOB IS CASCADES ALL TIME SALES & LISTING LEADER!

Thanks to the Cascade's homeowners continuous support and confidence since March 1, 2005, Bob has been involved in the sale of 40 Cascades MLS Listed "re-sale" homes. This is 43% (40 out of 94) of all the "regular" sales during this 58 month period. See below for Special Recognition to Bob's Listing Clients (L) and the Buyers (B) who purchased directly from him.

ALANA COURT

20012 Jul '09 L- Vickery

BALLYLEE COURT

20062 Feb '06 L- Pomier
20071 Aug '08 L- Brown
20092 Nov '05 L- Pomier
20110 Jul '05 L- Velez
B- Pelletier
20120 Aug '07 L- Marshall

CASCADES ISLE BLVD

8812 Feb '07 L- Rogers
B- Resciniti
8840 Apr '10 L. Ridell
8869 Feb '09 L- Schadow
8924 Apr '07 L- Demko
8932 Apr '08 L- DiMartino
8936 Apr '08 L- Vernon
8937 Apr '05 B- Jones
8937 Jul '05 L- LaBuzzy
B- Render

CASTLEMAINE AVENUE

20008 Feb '08 B- VanHooren
20059 Apr '07 L- Feeney
B- Hoskins
20161 Feb '07 L- Sicular
B- Gibbs
20172 Jun '07 L- Brune
20177 Feb '08 L- Rosati
20179 Oct '08 L- Cosgrove
B- Vizzari

FOXWORTH CIRCLE

20508 Jul '07 B- Tuya
20532 Oct '10 L. Lewis
20545 Sep '08 L- Balzer
B- Amour

LISERON DRIVE

9577 Nov '07 L- Schloesser
9584 Mar '08 L- Warner

WHITFIELD DRIVE

9007 Jan '10 L- Clary

LISMORE LANE

9543 Jul '08 L- Hurley
9580 Oct '05 L- Christie
B- Dressler

SPRINGVIEW LOOP

9049 Aug '08 L- Sweeney
B- Beatrice
9201 Aug '10 L. Wahoff
9344 Oct '07 L- Swamba
9367 Mar '09 L- Hammond
9381 Apr '09 L- McElhiney

SERENE MEADOW

20048 Mar '09 L- Hallum
20071 Aug '08 L- Meadlow
20072 Mar '05 L- Gramolini
20081 Nov '08 L- Kolisai

SUN RIVER WAY

9331 Feb '08 B- Santomango
9554 Jan '09 L- Defrange
9390 Jan '10 L- Frey

AS OF DEC. 20TH, 2010 HAS BEEN A RECORD BREAKING SALES YEAR FOR CASCADES WITH 26 "CLOSED SALES," AND 6 RECENT "SALES PENDING" (CONTRACTS WRITTEN BUT NOT CLOSED YET)

See all of Bob's Cascades Listings at www.BobFielder.Net. Once there, click on **Featured Listings**. You can search other communities too! **Call Bob at 239-410-6433**



Join the ladies from the Women's Club as we board the USS Cascades January 26th - at noon in The Ballroom for a Style Show by "Stein Mart" and a wonderful luncheon by Southern Accents

(Sign up in Media Room for choice of entrée)

Members \$18.00 per person

Non-Members \$20.00 per person

Deadline is January 18th

Checks made out to the Women's Club and given to Suzi

Any questions, contact

Peg Bright at 390-0501

BINGO!

Bingo Information

Bring your dabbers, money and four-leaf clovers...Bingo is back on Sunday, January 16th. Doors open 6pm and the games start at 6:30 sharp! Tell a friend and we hope to see you there.

Team Trivia

Friday, January 14th

7:30 - 9:00 pm

Are you a Know-It-All? Are your friends Know-it-Alls? Gather with like minded Jeopardy fans, knowledge collectors, and trivia buffs for an evening of Team Trivial Pursuit. **Win some fun prizes.** Bring your friends or make up a team on the spot. It's a team event so any individual knowledge of arcane subjects will be useful.

Sign-up with Suzi!

MARDI GRAS!

On Wednesday, March 30th

at noon

join the Women's Club to celebrate "Mardi Gras"

There will be food & drink sign-up in the Media Room

Cost per person TBD

Checks will be made out to The Women's Club & given to Suzi.

More information to follow!

Questions please call

Diane Gendron at 207-577-0398 or

Maryann Napolitano at 516-672-9377

JANUARY 2011

Friday, January 14th ~Team Trivia Night
Friday, January 21st ~ 4-Loves of FDR Storytelling Performance
Monday, January 24th ~ Spanish Lessons (6 weeks)

FEBRUARY 2011

Friday, February 4th ~ Joey & Maria's Comedy Italian Wedding
Interactive Dinner Show
Saturday, February 12th ~ Health Fair
Monday, February 14th ~ Valentine's Dinner & Dance Entertainment by Soli & Andre
Saturday, February 26th ~ Valli to Valli with Bobby Valli Tribute to The Jersey Boys

MARCH 2011

Saturday, March 12th ~ Susan G. Komen Race for the Cure
Thursday, March 12th ~ St. Patrick's Day Party Dinner & Dance
Entertainment by The Florida State Champions Supreme
Harp & Thistle Pipe Band of Southwest Florida and Music by Bill Jollie
Thursday, March 31st ~ Rob Garrett "King of Diamonds" Tribute to Neil Diamond

APRIL 2011

Friday, April 15th ~ Saturday, April 16th Sunday, April 17th
Variety Show

NOVEMBER 2011

Saturday, November 12th ~ 7th Anniversary Gala Dinner & Dance
Entertainment by Hot Topic, Duo

DECEMBER 2011

Saturday, December 10th ~ Christmas Party Dinner & Dance
Entertainment by Latitude, Duo
Saturday, December 31st ~ New Years Eve Party Dinner & Dance
Entertainment by Soul Machine, Band

All events are scheduled but may be subject change based on participation.



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for over 6 years!*
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Cascades 2010 Holiday Bazaar

pictures by Dee Bendix



...continued on page 7

continued from page 6...





In Tampa

Friday, January 21st

Includes round-trip transportation, a \$25.00 slot voucher and a \$5.00 food voucher at the Seminole Hard Rock, and a delicious sit-down dinner served family style at Troyer's Amish Restaurant in Sarasota on the way home.

ONLY \$ 59.00 per person.

Deadline is Monday, January 17th, 2011.

To sign-up with Suzi.

Beginners Spanish Classes

Monday's and Wednesday's
starting January 24th
3:30pm - 5:00pm

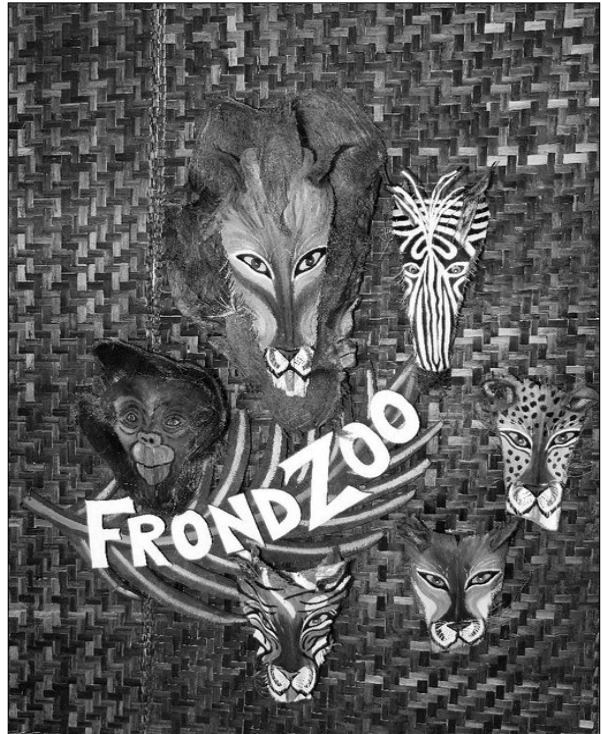
This is a 6 week session
\$180 pp and \$17 for the book.

This class will be presented by
Lilian Scott, Certified Native
Spanish Speaker.

www.schooloflatinarts.com

***Deadline to sign-up is
Monday.***

***January 17th,
2011***



Thursday,

January 13th

1:30 - 3:30 pm

**in the Arts & Craft
Room**

“FronDZoo”

Artwork created from re-
cycled palm fronds. Artist
Heidi Saletko will be here
to teach this FUN class

\$25 pp

AND you bring your
mask home with you.

The Four Loves of FDR

Friday, January 21st, 2011

6:00 pm in the Ballroom

\$10 per person



When U.S. Presidents are evaluated, Franklin D. Roosevelt aka FDR ranks in the top 3 along with Lincoln & Washington. In this play you will hear about the private life of FDR, the love of four women whose emotional support sustained him through the trying times. Only 1 was his wife, the others were as close and intimate as most of us can only imagine. This original play brings these women to life by the talents of Ft. Myers well-known actors Rusty Brow & Joan Olsen. Deadline to sign-up with Suzi is Friday, January 14th, 2011

Wine & Cheese will be served.

Mariner's Commodores Ball Saturday, January 29th, 2011

at the
Pink Shell Beach Resort and Spa
entertainment provided by
"Manhattan Connection"

Rooms will be available at discounted prices with more details to come later.

Your hostesses: Carol Sever, Bunny Lennox, Carol Hagan and Carmel Vaillancourt

Join us at our new location!



Sally June Anna

Salon Avant-Garde
Harbour Plaza
17650 S. Tamiami Trail # 200-201
Fort Myers, FL. 33908
239-791-8153

*Get Well Wishes go to
Wanda Farrell
Sandy Geoffroy
Janet Witty
We hope you'll be up and
around real soon!*

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MARINERS HOLIDAY CRUISE

Article submitted by Carmel Vaillancourt ~
photos by Bunny Lennox

The final Mariners Club event for 2010 was an outstanding success. Fifty members went on a dinner cruise on the elegant yacht Naples Princess out of the Port-of-Call Marina in Naples. The buffet was delicious and the tables were festively decorated with balloons and candy favors. Music was played during and after dinner for our dancing pleasure. Tom and Lois Oliveri, Bob and Jean McDowell, Roy and Claire Mattson, and Jack and Cynthia Cazel showed off their dancing skills. Even though most of the houses lacked Christmas decorations the Mariners certainly were not lacking in Christmas spirit!



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...and a good time was had by all...

SPEAKEASY FOR THE CURE A "ROARING" SUCCESS

submitted by The Pink Ribbon Friends of Cascades

More than seventy "flappers" and "gangsters" turned out to nibble on fabulous hors d'oeuvres and sip moonshine and hooch on Friday, December 10th. Benefiting Susan G. Komen for the cure, the event raised more than \$1,400.00 for the charity.

A thank you to all the merchants who donated gift certificates that were raffled at the event including; A Tropical Touch, Sunny Nails, Joseph Thomas Salon, Dr. John D. Ritrosky, T & K Hair Design, Salon Robert Ryan and Hemingway's. Also, kudos to Scott Wilburn who won \$125 in the 50/50 raffle and promptly donated it back to Komen.

Hemingway's Coconut Point created the perfect setting for a speakeasy party, including a special "sneak-in" entrance. A special thanks to manager Justin Fleming and his staff for great service and wonderful food.

Our tireless Pink Ribbon Friends of Cascades deserve a pat on the back for planning and executing such a fun evening:

Barbara Anderson
Donna DiMartino
Kay MacDougall
Dorit Solomon
Dorothy Taylor



And a huge Thank You to all the Cascades residents and friends who tirelessly support our charity events. We are forever grateful to you.

Again, THANKS to all!

...continued from cover - Pete Schofield

activities that have an impact on our way of life in the Cascades. Bill also is the Chair of the Insurance Committee which increased our coverage considerable this year and came in nearly \$8,000.00 under budget. Bill was assisted in this effort by Larry Schwab who is in the insurance business and brings considerable expertise to the committee. Bill also serves on the Budget/Finance Committee.

John Love and Marvin Bellin serve as co-chairs of the Budget/Finance Committee and serve along with six other resident volunteers to keep us on an even keel year round and make sure the bills get paid and we stay within the budget.

Cam Calvert took on the thankless job along with several other residents of chairing the Compliance Committee and has done an outstanding job of identifying our numerous problems.

When we discuss our huge increase in communications, John Piccolo, Dee Bendix and Sandy Geoffroy are the top guns here. John has created a whole new communications medium for us with The Courier and new website. You now receive timely info on many subjects including meeting notices and the resulting minutes thereof. Dee and Sandy worked hard to reinvent the Gazette and were instrumental in convincing me that our new top of the line copier/fax machine was necessary. We now produce the Gazette in-house at a huge savings to the association.

Suffice it to say that without our volunteers, our quarterly assessments would be substantially higher. I want to thank all of them for their tireless efforts to make Cascades a great place to live.

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2010 Cascades Chorus and Dance

submitted by John Piccolo

Once again the Cascades Chorus epitomized the art of giving back to the community. After hours of rehearsals they sang a selection of mostly seasonal songs. This continued the warm feelings carried over from the Teddy Bear Tree ceremony.

At the concert they held a 50/50 to raise money so they can continue to provide enjoyment to Cascades residents.

There was a dance to complete the evening. Music was provided by the Cascades Virtual Band. The band augmented their normal 40's and 50's selections with a few seasonal numbers.



ParaGeeks



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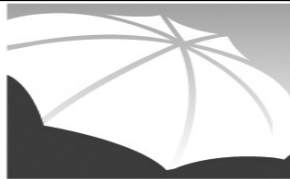
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Happy 60th Wedding Anniversary (February 3rd), Faith & Frank Rice



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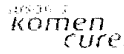
Who are we and what do we do?

****We support our local community through various philanthropic channels. Please call any of our offices for information on how to be part of our volunteer team. ****

****We are committed to our global community by establishing “green” office practices.****

****Our Agency is here to provide you first class protection and service for your *Auto, Boat, Home, Motorcycle, and Business Insurance* needs.****

What can we do for you?



WALK (OR RUN) WITH US!

5th Annual Susan G Komen Race for the Cure 5K Run/Walk Saturday March 12, 2011 Coconut Point Mall 8:00 AM

Come Join our Team.....

Cascadians 4 the Cure

Walk for a great cause.....

Show your support for this horrible disease
Imagine a world without breast cancer

Be part of the fun.....

Team Cocktail Party to meet your team members
Race Day

Registration now available at

www.Komenswfl.org

Click on Race for the Cure tab at the top

Click on registration, then join a team

Enter team name, choose community/neighborhood

Cascadians 4 the Cure T-shirts will be available for purchase.

Please call Suzan for details.

Team Captain is Suzan Eisenberg 498-1829

Team Co captain is Nancy Lopez 338-8268

GOODWILL has a truck located between the movie theater at Coconut Point open every day including Sunday. You no longer have to make that trip up to GOODWILL on 41 when you are doing your shopping. You can also dispose of unwanted articles at the same time.

submitted by Jeanne Donati

CASCADES WOMEN'S CLUB

...is the place to purchase your key fob and name badges.

If you want to trade-in your ID Badge for a smaller, easier to use key fob, contact

Lynne Troutman at

mtroutman@comcast.net or call 992-6167

Price is \$10.00

If you're new to our community or misplaced your current name badge, contact Carol Hagan at despocjh@gmail.com or call 495-7355.

NEWS FROM THE COURTS

Submitted by Joyce Haas

WOW!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

What A Great Finish To The Fall League For Cascades Tennis Teams. The Men's Spinmasters, 3.0 League finished **FIRST** in their division, which qualified them to participate in the playoffs. The Spinmasters **WON** the playoffs also. Cascades 2.5 Men's Team finished **FIRST** in their division, which qualified them to participate in the playoffs. The Cascades 2.5 Team **WON** the playoffs also.

The Ladies 2.5 pin the playoffs. Unfortunately, the Ladies 2.5 team lost the playoffs in a very tight battle with their opponents. It was still a great season for them. Our **CONGRATULATIONS** goes to all these teams and their players for having such a great season.

The Winter League Season will be starting in January. Players keep an eye on the tennis bulletin board for information/signup sheets.

Also a reminder that the Men's and Ladies Ladder signup sheets are on the Tennis Bulletin Board. Sign up without delay.

Just a reminder from Shawn, that he is still offering the "Introduction to Tennis" on the 2nd Saturday of each month.

Shawn also would like to add resident e-mails to the list of people who receive information on events and other information regarding tennis.

Feel free to call Shawn, at 948 5287, or e-mail him at hedman88@yahoo.com for info on the introduction or to add your name to the e-mail list.

Three events are planned for the month of January

1. On Jan. 10th, 11th, and 12th, Shawn and other Pros will be teaching a Boot Camp.
2. On Saturday Jan. 15th, at 4:30 PM Shawn and other Pros will provide us with a Tennis Exhibition.
3. On Sunday Jan. 16th, a Demo Day will be held here at Cascades.

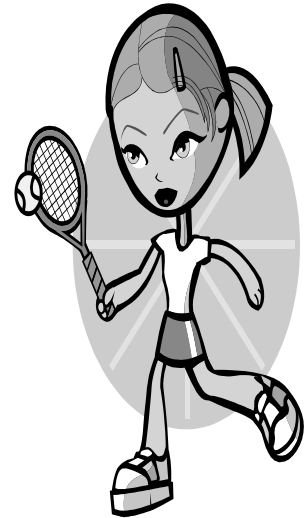
You may call or e-mail Shawn for information about what a Demo Day consists of.

Of course further information will be forthcoming and posted on the Tennis Bulletin Board.

The Pro League will be held on January 14th, (Friday) at Heritage Palms.

On Jan. 28th, the Pro League will be at Bonita Bay.

That's all for now!



See pictures on page 21.....

Estero Handyman & Maintenance Services

Jim Kutzleb
President

(239)273-2465

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Around the World on New Year's Day

submitted by Sandy Geoffroy

Not all countries celebrate the New Year at the same time or in the same way. This is because people in different parts of the world use different calendars. Some calendars are based on the moon; others on the position of the sun; while others are based on both the sun and moon. Below are a few traditions about the New Year around the globe.

Ancient Egypt: The New Year was celebrated at the time the Nile River flooded, which usually was at the end of September. The flooding was very important for the enrichment of their crops in the dry desert. Singing, dancing and feasting was done for a month.

Babylonia: Babylonia is now called the country of Iraq. Their New Year was in the spring. During the festival the king was stripped of his garments and sent away for a few days. The people were allowed to do what ever they pleased. When the king returned there was a grand procession and he dressed in his finery. After the ceremony everyone had to return to work and behave properly and start a New Year.

Romans: For a long time the Romans celebrated the New Year on the first of March. When Julius Caesar became emperor in 46 BC, he changed the calendar to the first day of January, which is still used today. January is named after the Roman god Janus, who had two heads. He looked back to the previous year and ahead to the new year. The Roman New Year festival was called Calends.

The Celts: The Celts were the people who lived in Gaul, now called France, and parts of Britain before the Romans arrived. Their New Year was called Samhain. It took place the end of October. Samhain means "summer's end." At Samhain, the Celts gathered mistletoe to keep away ghosts from bothering the living.

Jewish New Year: The Jewish New Year is called Rosh Hashanah. It is a holy time when people think of the things they have done wrong in the past, and promise to do better in the future. Special services are held in synagogues, and an instrument called a Shofar, which is made from a ram's horn, is played. Children are given new clothes, and New Year loaves are baked and fruit eaten to remind people of harvest time.

The Muslim New Year: The Muslim Calendar is based on the movement of the moon, so the date of New Year is eleven days earlier each year. Iran is a Muslim country, formally called Persia. The people celebrate New Year on March 21st, and a few weeks before that date, people put grains of wheat or barley in a little dish to grow. By New Year's Day, the grains have produced shoots, and remind the people of spring and a new year of life.

Japan: In Japan, New Year is celebrated on January 1st, but the Japanese also keep some beliefs from their religion, which is called Shinto. To keep out evil spirits, they hang a rope of straw across the front of their homes, and this stands for happiness and good luck.

Chinese New Year: The Chinese New Year is celebrated some time between January 17th and February 19th, at the time of the new moon, and it called Yuan Tan. They take to the streets to celebrate. The Festival of Lanterns is the street processions, and thousands are used to light the way for the new year. The Chinese people let off fire-crackers to frighten the spirits away. Sometimes they seal their windows and doors with paper to keep the evil spirits out.

New Year in the West: New Year's Day processions with decorated floats and bands are a part of our New Year. Football games and gathering with friends and family on this day is relaxing and part of the United States tradition. We have brought in the New Year and look forward to the future with hope for peace and prosperity.

Greece: In Greece, New Year's Day is also the Festival of St. Basil. Saint Basil was famous for his kindness, and Greek children leave their shoes by the fire on New Year's Day with the hope that he will come and fill the shoes with gifts.

Bridge Information for January

2011

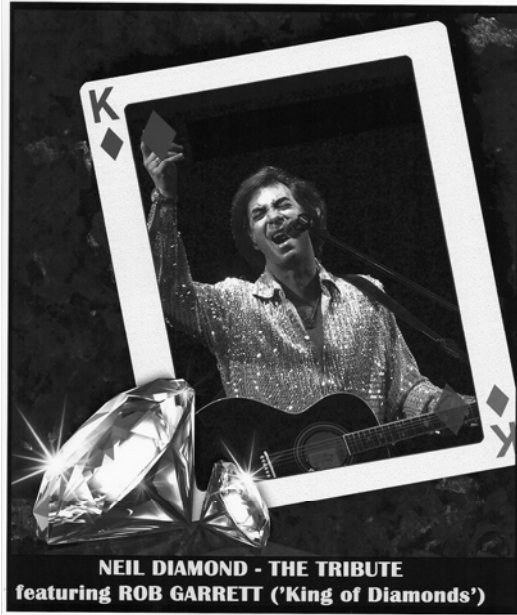
Ladies Bridge for Wednesday
Sonnee Levin.....947-9887

Tuesday Night Couples Bridge
Kay MacDougall.....
949-9609

RECIPE EXCHANGE GROUP

Meeting on Thursday, January 6th
1pm in the Craft Room

Looking for recipes made with
Ground chicken or
Ground turkey!



Thursday, March 31st, 2011

7:30pm in the Ballroom

“King of Diamonds”

Rob Garrett

in concert

You’ll be convinced that the real
Neil Diamond

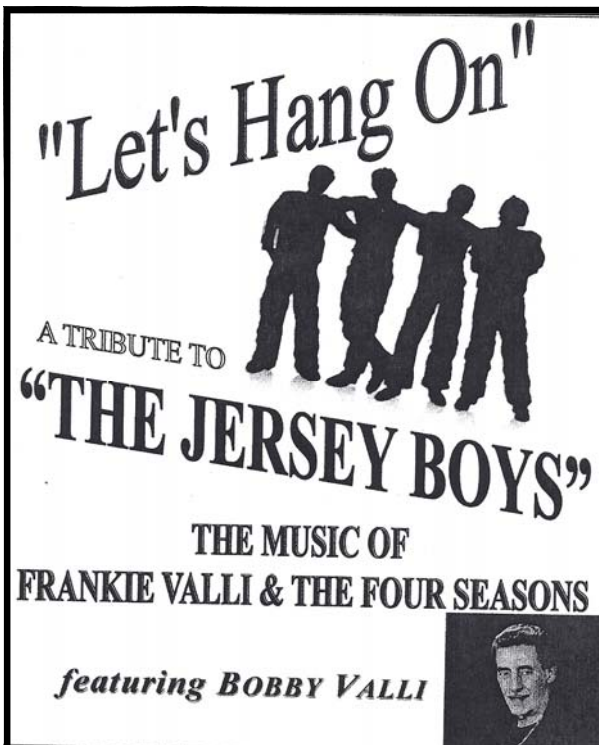
is on stage in front of you!

Tickets are \$25.00 per person (See Suzi)

Theater style seating

Don't miss out on seeing these fine performers!

There are still tickets available!



Saturday, February

26th, 2011

7:30pm

in the Ballroom

Theater style seating

Don't miss this tribute to

“The Jersey Boys”

The music of Frankie Valli &
the Four Seasons featuring

Bobby Valli

**MARINERS CLUB
SCHEDULE OF 2011/12 EVENTS**

FEB 27 MARINA JACK II/MOTE AQUARIUM – SARASOTA
Cruise through the intercoastal waters and the Gulf of Mexico. Every seat is a window seat and the lunch buffet features grilled chicken Alfredo and catch of the day. After the cruise we will visit the Mote Aquarium.

MARCH 25, 26, 27 PALM BEACH/LION SAFARI – LOS OLAS – FLAGLER MUSEUM/WATER TAXI/DIVA DUCK DIVE

Two nights, staying at the Court Yard Marriott-Cypress Creek

APRIL 23 CAYO COSTA

MAY 14 BIG M

JUNE 18 SWEET LIBERTY CATAMARAN SHELLING CRUISE OUT OF NAPLES

JULY NO EVENT PLANNED

AUGUST 20 DINNER - BAY FRONT BISTRO – FT MYERS BEACH

SEPT 24 BANANA BOAT CRUISE WITH LUNCH ON THE BEACH

OCT 20, 21, 22, 23 AMELIA ISLAND/ST AUGUSTINE/JACKSONVILLE

Three nights with three (3) breakfasts and three (3) dinners. Guided tours of Amelia Island, St. Augustine, Kingsley Plantation and the "Fountain of Youth". Also, includes a narrated cruise on the St. John River.

NOV 19 USEPPA ISLAND WITH LUNCH AT THE COLLIER INN

DEC 3 CHRISTMAS PARTY

JAN 28 COMMODORES BALL

Prices will be available at a later date. Membership dues are \$40.00 per year and all residents of the Cascades are invited to join.

Cascades Men's Club

submitted by Ralph Giaquinto

The new officers of the Men's club will be installed on Jan.11th. 2011 at the dinner and dance held at the Clubhouse. (A short meeting will start at 5:30 pm with the dinner and dance to commence at 6 pm.)

Sale of hot dogs, soda and chips was sold at the Dec. craft fair and was a huge success. Over \$180.00 in sales was raised and the entire amount plus the cost of all the food was donated to the Cascades Santa Fund for our local Children's Hospital.

Special thanks to Chuck Cochrane and Jim Ripley for manning, setting up and selling the hot dogs at he fair. A job well done for a very worthwhile cause.

A Holiday Party was held at the Dec. Meeting, members and spouses attended, good food, dancing, and music supplied by Tony Jandoli made for a wonderful evening.

Again as always I invite all male residents to join the Men's Club and participate in the various activities we put on both for Members only, and your community.

Contact Ralph Giaquinto President 948-4670 for information on how to join.

Owner is a resident of the Cascades

San Carlos Interiors, Inc.

"Over 28 Years Experience"

Complete Decorating Service

Custom Draperies Designed & Made In Our Workshop

SHUTTERS • ALL BLINDS • WALLPAPER • BEDDING

• Retail • **267-3737** • Wholesale •
TO THE TRADES

16911-9 S. TAMiami TRAIL SAN CARLOS PLAZA

Tennis anyone?



article on page 17...

DUPLICATE BRIDGE REMINDER

All bridge players are invited to a friendly, relaxed duplicate game starting Thursday, January 6, 2011. No duplicate experience needed. We will meet in card room #1 AKA the poker room at 6:30 pm. Depending on the number of people, there will be a small fee of up to \$5.00. This will cover the cost of a licensed director to help get us started. Please contact Arlene Thompson for further information and to sign up.

Email: Thompsonconsulting@att.net

Tel: 495-9897

Did You Know? "God Bless You"

submitted by Sandy Geoffroy

Ever wonder why we say "God Bless You" after a sneeze? Well, in much the same way that it was believed man could part body and spirit and be beside himself. The ancients believed that a good sneeze could literally blast your soul right out of your body! To ensure that no bad spirits moved into the vacancy, "God Bless You" was said to clear the way so soul and body could reunite.

Precision Builders, Inc.

Turning the Ordinary Into Something Special
State Certified CRC 042411 - CBC 1256953

- *Complete Remodeling
- *New Construction *Additions
- *Commercial / Residential
- *Wind Mitigation Inspection for Insurance Savings
- *Green Certified

*Cascades Residents Love
Precision Builders!
References Available!*



239-290-0399

prebuild@earthlink.net

SAVE THE DATE FOR YOU AND YOUR PET
PEOPLE AND PET WALK
SATURDAY, FEBRUARY 5th
DRESS YOUR PET IN ITS BEST COLLAR AND
LEASH

(A CUTE OUTFIT IS WELCOME TOO)
WAGGING TAILS A PLUS!
AND WALK FOR THE CURE

MEET AT THE VACANT LOT BETWEEN
20496 AND 20508 FOXWORTH CIRCLE AT
8:30 A.M.

TREATS FOR YOUR PET AND REFRESH-
MENTS FOR ALL
\$10.00 PER PERSON
\$5.00 PER PET

SPONSORED BY PINK RIBBON FRIENDS OF
CASCADES
TO BENEFIT SUSAN G. KOMEN FOR THE
CURE

FOR MORE INFORMATION,
CALL

KAY MACDOUGALL at
TEL: 949-9609

REGISTER BY JANUARY 15th
AND RECEIVE A
COMPLIMENTARY TEE
SHIRT FOR YOUR PET



*I would like to thank the many resi-
dents of the community who showed
concern for my well being during my
recent surgery and convalescence.
Your cards and other acts of kind-
ness were deeply appreciated!*

Wishing all a healthy New Year!

Sincerely, Pauline Abate

\$49.00 Winter Special

Virus Removal & PC Tune-up

**THAT
GUY**

COMPUTER REPAIR

239 826.7338

Free In Home or Office Diagnosis / Free Pick up & Delivery

Professional / Reliable Service / Low Rates

Andy@ThatGuyComputerRepair.com

Yes, I'm a Senior Citizen

submitted by Sandy Geoffroy

I'm the very life of the party...even if it lasts until 8 pm.

I'm very good at opening childproof caps with a hammer.

I'm smiling all the time because I can't hear a thing you are saying.

I'm very good at telling stories; over and over and over.

I'm aware that other people's grandchildren are not nearly as cute as mine.

I'm so cared for..long term care, eye care, private care and dental care.

I'm not really grouchy I just don't like traffic, long lines, crowds, and slow drivers.

I'm sure everything that I can't find is in a safe place....somewhere.

I'm wrinkled, saggy, lumpy but still smiling.

I'm beginning to realize that aging is not for wimps.

There are a lot of things said about senior citizens and we are living in a 55 and over community, but I truly believe these are the "Best Times of our Life." Most of us just started to live when we retired....so enjoy! If we have not learned anything is that; "Life is short so savor every moment!"

Happy New Year from the Geoffroy's!

Hand & Foot

On Monday, January 24th ~

9:30am

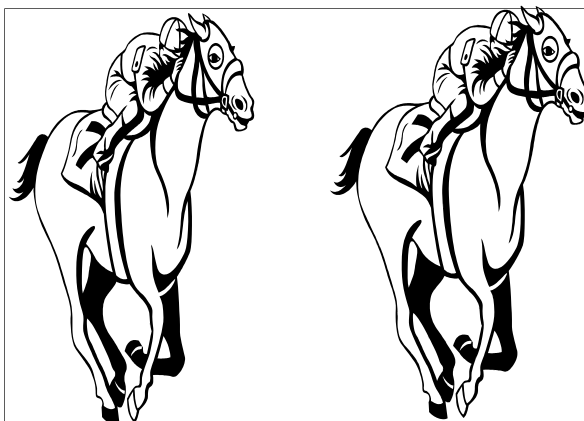
**We will be having Coffee & Donuts
from "Dunkin Donuts"**

(in the Ballroom)

(And playing cards in there also)

**Cost per person will be determined
by how many sign up . Sign up
sheet is on the NEW Bulletin
Board!**

Deadline is Friday, January 21st



**Be ready when
The Cascades Women's Club
presents
"The
Cascades Derby"**

**Wednesday, February 23rd
at noon.**

**There will be fun, food and
competition.**

**Bet on your favorite horse! We
are having a hat contest. Design
and make or buy that special
derby hat.**

\$14.00 MEMBERS

\$16.00 GUESTS

**Bring your \$\$\$\$ as you will have the
chance to bet on several horse races!
There will also be prizes for the most
beautiful, the funniest and the most
original hat, so get that hat ready.**

*Luncheon menu to be announced at a
later date!*

Questions or further information
Call Bonnie Rimar: 947-4742 or
Barbara Anderson 992-9991

Email 101 Part 2

submitted by John Piccolo

Part 1 can be seen on the Cascades Forum under the "Quality Of Life" topic. It dealt with blind copy emails, exposing acquaintances email addresses, email content, and more.

This editorial was prompted by errors that the Cascades website is experiencing when sending out the valuable Courier mass emails.

Now that we have a PC to communicate with our grand kids or for them to have something to play with while they visit, please consider some additional email suggestions.

The new PC's or Windows upgrades have new email controls that may not be appreciated or used properly. Specifically, the new buzz words, SPAM and Junk mail controls. Both very useful but can be problematic.

The different email soft wares treat SPAM and Junk mail differently. Some place all email from addresses that are not in your personal address file into SPAM/Junk folders. Email filters and virus checkers place emails with certain words or subject titles into the SPAM/Junk folders.

The solution for those two problems is to put safe email originating addresses, e.g., anything from @CascadesInEsterro.com in your personal address book. An important simple function we should practice is to periodically view the reject folders for legitimate senders, e.g., Courier@CascadesInEsterro.com, and indicate to the software that this originator is OK.

The most common rejects the Courier email service is receiving is; Mail Box Full, email rejected because Originator Not Known, or Not An Account With this Service, e.g., AOL.

Please check your email often and delete unwanted email. Add valid addresses to your personal address file, and update your email address with the property manager. The latter suggestion will enable you to receive Courier emails.

SING, SING A SONG

..... is the motto of our Cascades Chorus. The Cascades Chorus is a group of residents who enjoy music and singing. Our goal is to support the Cascades Community. We are looking for new members from the Cascades Community to join us. Rehearsals are on Thursdays in the Craft Room at 9:45 am. We will begin on January 6th. We welcome one and all. If you enjoy music, singing or play an instrument come and have fun. We are also still looking for an accompanist. We have Rich Dittus from Our Lady of light as our Musical Director. Our chorus has come a long way under his direction.

Our Holiday Concert was a great success and we thank all of you who supported us with the raffles and who came to the Holiday Fair and purchased refreshments.

We are planning for our next Spring Concert on Saturday, April 9th in the Cascades Ballroom. Our program will be filled with show tunes and some surprises. We encourage everyone to join us for a fun evening. We will also have music by the Cascades Virtual Band and John Piccolo for dancing and your enjoyment.

The Mysterious Grapefruit

submitted by Sandy Geoffroy

Salt makes a grapefruit sweeter.

Grapefruit ripen on a tree for up to a year.

Grapefruit that comes to a point at the stem end have a thicker skin.

It takes 12-15 grapefruit to make 1 gallon of juice.

Try grapefruit with a dash of cinnamon for sweetness.

There are three major types of grapefruit...white, pink/red and the star ruby red variety. All grapefruit have the same tangy-sweet flavor and are very juicy. The pink/red variety contain more vitamins than the white.

G.T.Y. SERVICES

23449 Olde Meadowbrook Circle Bonita Springs, Fl 34134
OFFICE ~ 239-947-5575

PRESSURE CLEANING

Cascades residents fixed roof cleaning prices

Our roof cleaning price includes: All aluminum soffits, gutters and downspouts.

“We also clean your house.” All mud daubers, bees’ nests, cobwebs and mold will be gone! We apply an algacide treatment to your clean roof as part of our fixed fee.

Other companies will ala-cart the chemical treatment service at \$80.00 to \$120.00 per 2000 sq. ft.

THESE PRICES ARE FOR EVERYONE!!

Foxworth Cir. \$340.00	Castlemaine Ave. \$295.00	Springview Loop \$295.00
Cascades Isles \$275.00	Serene Meadow \$275.00	Sun River Way \$295.00
Lismore Lane \$295.00	Liseron Dr. \$295.00	Ballylee Ct. \$295.00
Breezeway Ct. \$295.00	Alana Ct. \$295.00	Whitefield Dr. \$340.00

“WE DELIVER QUALITY RESULT FOR A FAIR PRICE”

Have you seen any of the 100 Cascades homes we’ve painted?

Cascades Residents:

For the past two years **G.T.Y. SERVICES** has been working in your community on a daily basis. We are a small company that has managed well in painting more than **100 homes in the Cascades**. We have provided other services such as interior painting, epoxying of garage floors, roof cleaning, chemical coating and driveway stripping and resealing. **We have worked for more than 300 residents.**

G.T.Y. SERVICES has an excellent reputation throughout the community. **Our exterior paint service is our Company’s pride and joy.** We follow a proven system that has been perfected over many years. **A paint job is only as good as the preparation that goes into it.** We invite our customers to inspect our prep work before we apply a thick coat of premium paint. **It is our mission** to make you feel great about your home maintenance investment.

My name is George Yates, and I would love the opportunity to speak with you about your inevitable choice of paint vendors.

Thank you for your consideration.

“WHEN NATURE CALLS”

Dear Valued Customers:

At the time **G.T.Y. SERVICES** paints your home, we offer you a great value. Once a year for a period of seven (7) years, we will clean your aluminum soffits, gutters, house and walkway, **for the very low cost of \$85.00.**

Cob webs, bees nests, mud daubers and premature mildew growth **GONE!** Other services such as screen cages, lanai and driveway cleaning will also be greatly discounted. **(At the time of routine service)**

THIS OFFER GETS EVEN BETTER

In the years that you decide to clean your roof, the service cleaning fee of \$85.00 will be waved. It is our mission to treat you fair.

“NO PRICE GOUGING OR SLOPPY SERVICE.”

We realize that the service we provide to you over the next seven years will determine whether or not you will allow us to paint your home again.

HAPPY NEW YEAR!

Thank you to everyone who supported the many events we had in December. We had our first successful holiday bazaar and the residents that participated are already anticipating next years. A HUGE thank you goes to the Cascades Men's Club for supplying lunch to the crowd. And for their very generous contribution to the Cascades Santa's Helpers Fund. They donated ALL of the proceeds from lunch to the cause. The Cascades Chorus raised some money to purchase sheet music so they can continue to bring joyful song to your ears at the many different association run events and club functions they participate in, gratis. The Cascades pottery class still has and will continue to have pottery that can be purchased throughout the year for that special handmade gift or treat for you.

The teddy bears and their furry friends are soon off to the hospital to help make a child's stay a little less scary. But you still have time to drop off your donation.

We are asking for volunteers for next year to assist with the outside holiday décor and lighting. Please call me 495-6742 and let me know if you are interested in being part of this committee. Cascades resident, Camille Dassaro will lead this committee. She has a great deal of experience and expertise in designing outside décor but most of all she is excited to help, so Cascades shines brightest in 2011.

Tickets for Valli to Valli on Saturday, February 26th, 2011 and the "King of Diamonds" show on Thursday, March 31st, 2011 will be available for pick-up beginning on Monday, January 10th through the concert date.

JUST ADDED.... Friday, January 21st, 2010 Casino Run to Seminole Hard Rock in Tampa with dinner at Troyers Amish Restaurant ONLY \$59 per person. Please check the bulletin board for more detailed information and a list of other trips.

Best wishes for a great year!

Suzi Rees

In The Spirit of Christmas

submitted by Sandy Geoffroy

On Monday night, December 13th, the residents of the Cascades were inspired by Jenny and Tyler to a free concert and the beginning of Christmas spirit and meaning. The energetic and talented duo opened their souls and freed their voices to delight us with numbers from their new CD, "Faint Not", and lead us in song with holiday favorites. We thank them and their grandparents, The Bollers, for a wonderful evening and hope to see them next year.



Famous Ad Slogans...How Many Can You Remember?

submitted by Sandy Geoffroy

1. A little dab'll do ya.
2. _____ is the place for the helpful hardware man.
3. All the news that's fit to print.
4. Born to fire, blown by mouth and cut by hand with heart.
5. A day without orange juice is like a day without sunshine.
6. _____ makes hamburgers taste like steak burgers.
7. All you add is love.
8. _____ the San Francisco treat.
9. Aren't you glad you use _____? Don't you wish everyone did.
10. _____ take me away.
11. Does she _____ or doesn't she?
12. Bring out the _____ and bring out the best.
13. Celebrate the Moments of Your Life.
14. Better things for better living through chemistry.
15. Don't leave home without it.
16. Betcha can't eat just one.
17. How do you spell relief?
18. I wish I was an _____.
19. Be all that you can be.
20. If I've only one life, let me live it as a blonde!
21. Just do it!
22. I'd like to buy the world a _____.
23. Have it your way.
24. It keeps going, and going, and going....
25. It's the real thing.
26. It takes a tough man to make a tender chicken.
27. It takes a licking and keeps on ticking.
28. Look Ma, no cavities!
29. Look for the union label.
30. Let your fingers do the walking.

Answers will appear on page 36



We're going to Coconut Mall
to STIR CRAZY on
Wednesday, January 19th ~ noon
Menu is in the sign-up book in the Media Room
Sign-up by January 17th
More info call
Carol Hagan at 497-7355 or
Marilyn Mintz at 948-2239



HAIRS TO YOU

Hi everyone! I'm a former salon owner from New England. I will come to your home to bring you the latest in hair services at the most reasonable rates!!!
I'm a resident in Cascades Home (239) 244 – 9441
Rosemarie "RO" Corsino

Punta Gorda

After dining out at Fisherman's Village, 45 people braved the cold weather and joined in a boat ride to see the Christmas lights that adorned the harbor.

Not disappointed, the houses and boats lit up the water. What a way to lift your holiday spirits!



JOEY & MARIA'S

Comedy Italian Wedding®



Friday February 4th, 2011 6:00 pm

(doors open at 5:30 pm)

Dance! Mingle! Sing! Eat! Laugh!

Come be a guest and mingle with these two zany Italian families at this anything-but-ordinary Dinner Show.

You may even catch the bouquet!

\$35 per person. ~ 18 years and older.

SO...YOU WANT TO TAP!!

**COME JOIN THE LADIES AND PERHAPS SOME MEN,
AT THE CASCADES CLUBHOUSE**

**FOR THOSE WITH ABSOLUTELY NO EXPERIENCE AND
FOR THOSE WITH EXPERIENCE THERE'S SOMETHING FOR
EVERYONE!!**

FOR MORE DETAILED INFORMATION,

Join Marilyn in the Ballroom on Wednesday, January 12th at 3pm.

Sign-up for this meeting with Suzi 495-6742

**IT'S FUN! IT'S HEALTHY! IT BUILDS STRONG BONES!
GET GREAT EXERCISE BY MOVING TO THE RHYTHM OF YOUR
FEET,**

ALL WHILE MAKING NEW FRIENDS!!





A very Teddy Bear Christmas







Health Fair

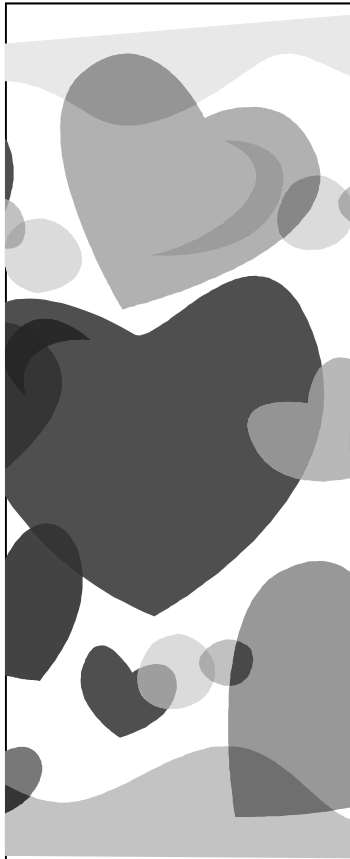
FREE Mini
Massages

Over 25
Informational
Vendors



Blood Mobil
Balance Machine
Skin Screening

Location: Cascades Ballroom
Date: Saturday, February 12th
Time: 9:00 am - 12:00 noon



Valentine's Day Dinner and Dance

Monday, February 14th ~ 6pm

*\$35.00 per person
(doors open at 5:30 pm)*

Buffet Dinner

Lover's Concerto

Seasonal Salad

*Bird of Paradise Chicken With Sliced Beef Tenderloin,
Whipped Potatoes & Gravy California Vegetable Blend*

Rolls & Butter

Dessert & Coffee

7:00 pm Dancing

Entertainment by Soli & Andre

To Love is Nothing... To be Loved is Something...

To Love and be Loved is Everything...

18 years and older

Deadline to sign-up is Thursday, February 10th, 2011

**CHRISTMAS AT CASCADES
“A SEASON FOR GIVING”
SUBMITTED BY SANTA’S HELPERS**

Once again this year the charitable nature of our residents rose to the occasion in our efforts to bring a merrier Christmas to the boys and girls who will be spending the Christmas holiday at the Lee Memorial Children’s Hospital.

On December 3rd, Suzi again held our annual Teddy Bear Tree Decoration Party, complete with cookies and egg nog, in the Media Room. Residents enthusiastically attached their own bears right to the tree and it quickly filled to become a beautiful festive sight. Unfortunately we were significantly down in the number of stuffed animals that we received this year. These little critters remain on our tree until after January 1st and then they are all taken up to the hospital so that upon admission all year long each child will receive a friend to stay at their side during their entire stay. Each time the child is administered an injection or taken for some type of test or treatment the exact same procedure is administered to the stuffed animal. The kids really enjoy that and it helps to make some painful procedures go a lot smoother. When they go home their little friend goes along so the hospital needs a constant supply to insure that every child will be able to receive one.

On a happier note we are extremely pleased to report that our request for pajamas for the kids, so that they do not have to be subjected to wearing hospital issued ones, went extremely well. We topped our numbers from previous years. Those were all boxed and wrapped by Santa’s helpers in the ballroom on December 1st. Our wrapping crew this year included Gail Barry, Alyce Spallone, Lois Oliveri, and Maria Piccolo. Santa asked us to thank some of the kind ladies that he knows about who donated pajamas and in some cases several pairs all boxed and ready to go; Maria Piccolo, Diane Pederson, Carol Sever, Judy Devine, Gail Barry, Bunny Lenox , Jacqueline Schiering, and Marilyn Cupas. We know there were others but some were dropped off at Suzi’ office so if we missed anyone Thank you ALL!!

Then the best news that Santa has heard in a while arrived in the form of some financial assistance from the Cascades Men’s Club, through the efforts of President Ralph Giaquinto and newly elected Vice Pres. Chuck Cochrane. All of the proceeds from the sale of food and beverages at the Craft Fair

.....continued on next page



...continued from page 33

held in the ballroom on Dec 4th was donated, \$187. To make it even better the club decided to absorb the cost of the supplies so that a more meaningful donation could be made. We thank Ralph and Chuck and all of those guys who worked the table to make this happen. The Craft Fair itself was held by Suzi as a fund raiser for this same cause and it realized another \$244. We thank Suzi for her efforts as well. It really means a lot because when the economy turned several years ago we went from a large raffle to a 50/50 at the annual St. Patrick's Day fundraiser dance. This greatly reduced our revenue. So the donations will make up a lot of lost ground and permit us the opportunity to reach even more children at Christmas time. These funds are used to purchase toys and PJ's, for Santa to distribute during his visit.

On Tuesday December 14th, Santa dragged North Pole winter chill down with him as his sleigh, filled to the brim with pajamas and toys, landed on the roof of the Lee Children's Hospital. We were met with the news that there were more children than usual at the hospital. So many sights, so many monitors beeping away, and a few wet eyes among Santa's crew were the order of the day. One story that must be shared is about a sweet little girl who was taking a bath as Santa arrived at her doorstep. She was told that Santa would return later. She told her Mom that she wanted to wear a nice dress to be ready for Santa's return. Hearing the news Santa went back to his sleigh and returned with a boxed baby doll with a bathtub and accessories. The smile on that little girl's face was one of the greatest present that Santa could possible receive this year. Hopefully she'll remember her time with Santa for years to come.

Well Santa and all his helpers will soon begin working and planning for next year and with your help be able to bring the meaning of Santa Claus to even more kids. Santa would like to thank John and Maria Piccolo who combined to photograph every aspect of the operation so that we could share some of those precious moments with you all. He also wants to finally formally thank Noel and Don Thompson for their constant donations of cash to the fund. Happy New Year and "To All a Good Night"



....continued on page 35



Thank You Santa and your helpers for a job well done!!

ANSWERS TO
AD SLOGANS
(from page 27)

1. Brlcream.
2. Ace Hardware Stores.
3. New York
4. Waterford Glass
5. Fl. Citrus Commission
6. A-1 Sauce
7. Ralston Purina
8. Rice-a-Roni
9. Dial Soap
10. Calgon
11. Clairol Hair Color
12. Hellman's
13. General Foods Int'l Cof-fee
14. Du Pont
15. Amer. Express
16. Lay's Potato Chips
17. R-O-L-A-I-D-S
18. Oscar Meyer Weiner
19. United States Army
20. Clairol Hair Color
21. Nike
22. Coca-Cola
23. Burger King
24. Energizer Batteries
25. Coca-Cola
26. Perdue
27. Times Watches
28. Crest Toothpaste
29. Int'l Ladies Garment Union
30. Yellow Pages



Update on the Lakes

(More Than You Ever Wanted To Know)

submitted by Rick Fried

Those of you that have attended a recent board meeting or workshop know that we always divide the report on the lakes into two parts. The first part concerns Lake 13; the second part encompasses all the other lakes. This is done because we are currently under a "Notice of Violation" (NOV) from Lee County on Lake 13 due to shoreline erosion. How and why the NOV was issued, and what has been done to address this issue in the past, is too lengthy a story to go into here. Moreover, the focus of this article is to let you know where we are now and where we will go from here. Suffice it to say that once the NOV was issued, it put us into a whole new world of rules, regulations, statutes and standards that had to be addressed before we could resolve the problem. Translate that into a lot more cost. To put it in perspective for you, we will be able to do all the start up projects all the other lakes AND pay the monthly maintenance fee on all the other lakes and the Preserve for over 3 years for what it is going to cost us to do Lake 13 by itself! And this is after the significant cost reduction we were able to realize when we replaced the old proposed Lake 13 plan with the new one outlined below.

First, let me acknowledge the contribution of my fellow members of the Lake 13 Ad Hoc Committee, Vinnie Girard and Karin Dickinson. Thanks also to Bill Williams who accompanied us to the initial meeting with Lee County.

So, what about Lake 13? We have entered into a contract with a company called "Florida Marine Construction" (FMC), who will be responsible for the entire project. The project cannot start until we get approval for the plan from Lee County. Although we don't anticipate any problems, as of this writing, we have not gotten the go ahead from them. Once the job is started, FMC expects the project to take about 45 days to complete. Here is what you can expect to happen:

1. The work area will be prepared by removing the sod around the lake for a distance of about 12 feet back from the waterline.
2. The existing silt fence will be removed.
3. The existing black drain lines (elephant trunks) will be tested and repaired if necessary. We expect that the most common problems will be crushed or broken lines near the shoreline. In addition, several lines have been buried in the mud as a result of continuing erosion. These lines need only to be raised up, cleaned out placed back in the lake. To do the testing FMC may need to use the homeowner's outside faucet and/or their water hose. As this testing is obviously for the owners benefit, we ask and expect your full cooperation. There is no reason to expect any damage to occur during the testing, however should any problem arise please notify Tony promptly.
4. The shoreline will be shaped and re-graded with clean fill added where required. The soil will then be compacted using either hand held or machine mounted tamping devices.
5. A three layer turf reinforcement mat will be laid out around the lake.
6. A narrow trench approximately 12 inches deep will be dug along the upper edge of the mat. Once completed, the edge of the mat will be placed into the trench, and then the trench will be filled in. This will serve to lock the top edge of the mat in place.
7. A second single layer geo textile mat will be laid out at the lower edge of the turf mat. The upper edge of this mat will be about 1 foot above the (high) water line and extend about 2 feet into the water.

Continued on page 37

continued from page 36

8. Large stakes resembling nails with oversize heads will be driven into both types of mats to further secure them in place.
9. Flora-Tam sod will be installed from the upper edge of the work area to the (high) water's edge. Initially, the top layer of the upper mat will hold the sod in place until it has time to root. Once the root system develops, the sod and the mat will work together to hold each other in place and both will stabilize the underlying soil.
10. About 2,500 aquatic plants will be installed just below the (high) water level. FMC will install an additional 1,000 plants to insure a net survival count to meet the County requirements. These plants are installed in the lower mat by cutting a small "X" in the material, then pushing the plant into the soil below. Just as above, the plants and the mat cross support each other and both help to stabilize the soil below.
11. Areas that have been used for access from the street will smoothed out if necessary and a sod closely matching the surrounding area will be installed where needed.

The above pertains to roughly 80% of the shoreline. For the remaining 20% we will use "Rip-Rap". Rip-Rap is the white limerock you may have seen surrounding some of the lakes on local golf courses and shopping centers. We will use this because it reduces the overall cost of the project, and has proven to be an effective course of action. It will be installed at the four corners of the lake, as Mother Nature deems these areas most prone to shoreline erosion. The rocks will be about 12 to 18 inches in diameter, as FMC considers this size to be the most esthetically pleasing for a lake of this size. Just as above, a woven black fabric will be secured in place before the rip-rap is installed. Lee County will not allow the use of rip-rap in residential areas, and as part of the approval process we have had to apply for a deviation from the standards to be able to use the 20% as above. Historically this deviation is routinely granted.

Now what about the other lakes? Before I continue, let me take this opportunity to once again mention Vinnie's name. While we both worked side by side at the beginning of this project, Vinnie has taken a leadership role lately and has become the main contact for the contractor as well as our on-site inspector.

When the new Board took office, every one of us agreed that we simply had to take action so that we would not be faced with one or more "Lake 13s" in the future. Some of the other lakes needed attention, but not nearly to the extent of Lake 13; but left unattended, we would surely be faced with major problems down the road. Because the County was not involved, we had a lot more latitude as to what we could do to bring these lakes up to the high standards we want to maintain. The most cost effective, eco-responsible and value enhancing approach we could find was embark on a program to introduce thousands of littoral plants along the shoreline of every lake. We all know that plants are used in many environments to control soil erosion, and after visiting other communities using this approach, we are sure that we will be successful.

The first thing Vinnie and I did was to go around every lake in Cascades and identify any areas of erosion or washouts. The first phase of maintaining the lakes had to be to re-establish the shoreline where it had washed away. But it was obvious that just replacing soil in these areas without addressing the reasons for the washouts was a waste of both time and money. In most cases the problem seemed to be caused by rainwater runoff from some of the houses. Other washouts were caused by the contour of the land. In any case, the solution was to install underground drainpipes (elephant trunks) which would carry the water directly into the lake. Some pipes were connected directly to the downspouts on the house; others required a surface drain to be installed. The work was carried out by "Lake & Wetland Management, Inc" (LWM), a company with whom we have entered into what we expect to be a long-term relationship. This company has been in business since 1992, and come to us highly recommended. They will have total responsibility for maintaining not only the lakes, but also the preserve area in the future.

So what will they be doing? By the time you read this, all the drains will have been installed and the majority of the washouts will have been filled in and new sod put down. In addition, LWM has started their weed control program as it relates to Torpedo Grass and Hydrilla two highly invasive plants which unfortunately have already become a problem in some of our lakes. In the Spring LWM will begin installing what they call "bare root native aquatic species". These will consist of Pickerelweed, Spikerush, Arrowhead, Blue Flag Iris and Golden Canna. Just for the record, although I have been shown each one of the plants on more than one occasion, I am NOT a plant guy, so don't even think of asking me to identify one of these things if you see me walking near a lake. In any event LWM will be installing over 37,000 plants throughout our community. These plants are guaranteed by them for as long as they are under contract with Cascades.

In closing let me touch on three more subjects.

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1. All the work LWM has done and will do has been fully funded by the HOA. The ongoing monthly expense for them to do the maintenance on the lakes and preserve area is already included in next year's budget.
2. There will have to be a special assessment to pay for the Lake 13 project. I cannot give you the exact amount of that assessment at this time, but I can assure you that it will NOT exceed \$110 per household.
3. The HOA has paid for the installation and in the case of Lake 13 the installation and maintenance of the drainpipes as outlined above. Moving forward from this point in time these drainpipes are the sole responsibility of the individual homeowner. It is up to the property owner to make sure that these drains are kept in good working order.



A SPECIAL CELEBRATION

submitted by Arlene Thompson

On November 18th a group of us got together for a dinner and grandma shower to honor Cyndee Getgen. She is our fitness instructor who teaches a number of classes here at Cascades and is truly an amazing teacher. Her ability to verbalize and demonstrate various exercises is remarkable. She so easily presents activities at several levels of challenge. She has a remarkable way of remembering all of her students weaknesses, strengths, aches and pains. And, she sincerely cares about all of our fitness and well being. Most everyone who participates in her classes, from water aerobics, pilates and personal training, attended the dinner to celebrate this

top notch teacher and person. A good time was had by all, and it was our small way of saying Thanks Cindy, for you have helped lots of us to "Just Do It" and get healthier.

Hemingway's
ISLAND GRILL

The Shops at Coconut Point
8001 Plaza Del Lago, Estero
239-495-7240

THE LUNCH BUNCH

Experience a little bit of Key West

February 16th at noon

At HEMINGWAY'S

ISLAND GRILL

In Coconut Point

sign-up by February 14th in the

Media Room

More info call Carol Hagan at 495-7355

Marilyn Mintz AT 948-2239



Christmas Party - 2010

article & pictures submitted by John Piccolo

Another great party! The table decorations were festive and unique. The five piece band was a first for many of us and were very good. They played a variety of dance music and kept the dance floor in use. At times the rug area in the back was used for the overflow of dancers. The meal which was partially served and part buffet was excellent. Over 100 people attended.



*My compliments to Suzi
for another memorable
party*

A FEW WORDS FROM TONY DUMAS, COMMUNITY ASSOCIATION MANAGER

Most operational matters of interest to owners are to be covered elsewhere in this edition so I will avail myself of this opportunity to go over some 'housekeeping' issues of interest. The main projects under way are, of course, the lakes and our sincere thanks go out to all who are involved, in particular Vinnie Girard and Rick Fried.

House repainting colors

It has come to our attention that some owners are under the impression that there is shortly to be a change in the policy regarding the colors available to those wishing to paint their homes. This has been a subject of discussion, the latest occasion being at the Workshop Meeting of the Board of Directors on Tuesday, December 14th, 2010. The issue was discussed at length and, for various reasons, the Board of Directors has resolved to maintain the status quo. In other words, all homes have to be painted the colors that they are at present. Looking ahead, one can never rule out the possibility of a change at some time in the future but, right now and probably into the foreseeable future, the policy that has been in force for some time remains unchanged.

Office telephones

It has also come to our attention that some owners are frustrated at not being able to get through to the office as easily as they would like. This shortcoming is being researched but, until a solution is arrived at and implemented, owners should note that they are not restricted to calling the main office number. There is a second number available: **(239) 495 – 0562**. That number rings directly through to the phone on Paula's desk. Unfortunately, our present system is such that a call to the main number of **(239) 495-7937** does not 'hunt' and transfer over to Paula's number. If owners experience difficulty in getting through on the main number, they should try using the second number. Please also bear in mind that our Activities Director, Suzi Rees, and Tennis Pro, Shawn Hedrick, have their own numbers: **(239) 495-6742** and **(239) 948-5287** respectively.

Irrigation

Our new irrigation contractor will have been in place by just about a month by the time owners get to see this. Without going into unnecessary detail, things are going well and we have a winner in our technician, Rick who, for the time being at least, is training Brad to be able to take over and cover vacations, illnesses (if any) and emergencies. A competent backup is essential in a community such as ours. From my point of view, it is absolutely wonderful to be able to tell owners that their Work Orders will be dealt with without delay, more often than not the very next day. It is unconditional commitment to you, the owners here, to maintain that standard.

Landscaping & sod

I have been asked about the sod replacement that was due to start in December. It was resolved that it would be pointless to do so until such time as we were confident that there will be no irrigation issues once the sod is down and requires TLC. Rick was able to work through no less than 14 known problem areas fairly quickly and it was 'all systems go' until such time as the frost conditions arrived. I am sure none of you will need to be reminded of what happened last year in adverse weather conditions. The cold spell seems to be behind us, unless of course there is another one en route that we don't yet know about, so sod replacement will be starting shortly into the New Year. A lot has been achieved of late with regard to landscaping issues and Lee Lanfare, in his capacity as stand-in Chairman of the Landscaping Committee, has done a great job with getting to grips with removal of dead trees, replacement of some trees, trimming where required, mulch and pine straw in the common areas, replacement of shrubs the planting of the annuals, protecting them against the weather and much more.

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Open communication with owners

Another operational aspect I need to touch on is the level of communication that the Board of Directors strives to maintain. For quite a while, most owners were receiving duplicate communications. That was a precaution while preparation was underway for John Piccolo to take over with the website he maintains for us. That has now been achieved and, from here onwards, only single broadcasts will be received. John does a sterling job for us, not only saving the community a considerable amount of money but ensuring a constant source of information for all of you.

Annual Meeting

A reminder to those wishing to run for the Board at the Annual Meeting in February, 'Candidate Intent' forms are due in by no later than January 17th.

Well, 2011 is now upon us. It promises to be an interesting year for the community; brimming with exciting potential.

CASCADES PRESENTS A NEW EDUCATIONAL OFFERING FOR ITS RESIDENTS

“ARMCHAIR TRAVEL”

As a resident of Cascades Country Club, you now have an opportunity to witness what many Southwest Floridians can only dream about. Thanks to Photographers/Lecturers Jim and Lucy Jacoby, we're introducing a new program called "Armchair Travel."

Each month, Jim and Lucy will be sharing a narrated travelogue of their many trips that are a mixture of excitement, nature, history, geography, cultural, and even humor.

Our first program will take place on **Thursday evening, January 27th, in our Clubhouse**. Its theme: *African Adventure*. The photo team will share their two-week travel program through three game preserves of the country of Kenya.

You'll see – in their natural habitat – the strong and mighty lion, rhino, water buffalo, and elephant. You'll witness the sleek and beautiful leopard and cheetah. You'll see the ugliest warthog up close, and get close to baboons. You'll watch zebras and gazelles, and be transfixed as hippos frolic in a lake. You'll even view animals from the deck of an ark, built as a hotel in the center of a major game preserve. And you'll see baby animals galore.

Each day of our trip we were in the field by 6 a.m., fascinated as the animals woke up to begin their daily routine. You'll witness the male lion as he yawns and stretches.

From a cultural standpoint, you'll see and learn how African school children attend school; you'll actually meet a tribal chief and learn how his people live in homes made of dried cow dung. And even more fascinating, you'll see how water circles through a container one way north of the equator and the reverse south of the equator, all within a square foot!

Overall, you'll get a sense of how travelers enjoy seeing all these sights of nature close up as our photo team did – only you'll be able to take part right from our comfortable clubhouse furniture. There will be time for questions throughout the presentation, and as a Disney song goes, "you'll learn things you never knew you never knew."

We're expecting a full house that evening, with the show starting promptly at 7 p.m. Beforehand Suzi will be offering cookies and coffee or tea. Cost for this hour-long event will be only **\$5 per person**. Reserve your seat with Suzi in the Activities office.



See you later this month, "in the jungle"!

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAPPY NEW YEAR						1
2	3	4	5	6	7	8
9 Bocce Brunch 11 am	10	11 BOD WOR SHOP 1 pm <i>Men's Club Installation Dinner & Dance 6 pm</i>	12 So you want to tap?? 3pm	13 FronZoo Art Class 1:30- 3:30pm	14 Team Trivia 7:30-9 pm	15
16 BINGO 6:30 pm	17	18	19 Lunch Bunch "Stir Crazy" noon	20	21 4 Loves of FDR Storytelling Performance 6 pm <i>Wine & Cheese</i>	22 Bocce Italian Night
23	24 Beginning Spanish Class 3:30—5 pm	25 BOD MEETING 6:30 pm	26 CWC Style Show & Luncheon 12 noon	27 Arm Chair Travel 7 pm	28	29 Mariners Ball
30	31 Beginning Spanish Class 3:30—5 pm		Beginning Spanish Class 3:30—5 pm			

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Spanish 3:30 - 5 pm	3	4 Joey & Maria's Italian Wedding 6 pm	5
6	7 Spanish 3:30 - 5 pm	8 BOD WORK- SHOP 1 pm Men's Club 6 pm	9 Spanish 3:30 - 5 pm	10	11	12 Health Fair 9am - 12pm
13	14 Valentine's Day Dinner & Dance 6 pm <i>Spanish</i> 3:30 - 5 pm	15	16 Spanish 3:30 - 5 pm <i>Lunch</i> <i>Bunch at</i> <i>Hemming-</i> <i>ways</i>	17	18	19 Bocce Luau
20 BINGO 6:30pm	21 Spanish 3:30 - 5 pm	22 BOD MEETING & ANNUAL MEETING 6:30 pm	23 CWC "The Cas- cades Derby" 12 noon <i>Spanish</i> 3:30 - 5 pm	24	25	26 Valli to Valli Concert 8 pm Showtime
27	28 Spanish 3:30 - 5 pm					