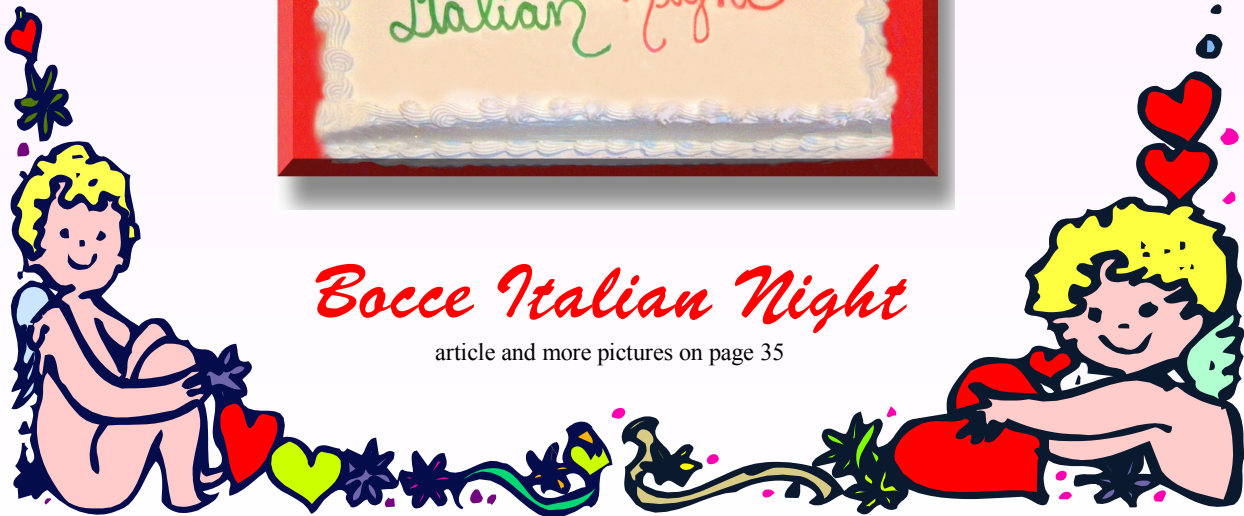




THE CASCADES *at Estero*

The Cascades Gazette ~ "For the Best of Your Life"
"An Active Adult 55 and Over Community" February 2011 ~ Number 2 ~ Volume 7



Bocce Italian Night

article and more pictures on page 35

The Cascades Gazette

Dee Bendix, Editor
Sandy Geoffroy

The purpose of this newspaper is to produce and distribute, to all residents, a monthly publication which is informative, educational and entertaining. We encourage the submission of articles, comments and suggestions. We reserve the right to reject articles, letters and advertising which may be political in nature, libelous, inflammatory or in bad taste. Articles and advertising are subject to editing, condensation and/or rejection.

The Newspaper Committee accepts no responsibility or liability resulting from advertising in this publication!

The Resident Association at the Cascades is not endorsing, sponsoring, recommending or guaranteeing the services or work product of any business placing an ad in the Gazette. Any member of the Cascades, contracting or using the services of any vendor, contractor or business advertising in the Cascades Gazette are advised to perform their own due diligence and assume all liability associated with services contracted or performed!

"New" ~ "New" ~ "New"

Newspaper Deadline...

Is the **25th** of the prior month.

Deadline for **ads** is the **20th**.

E-mail all articles, and information to Dee Bendix at

Bart2650@comcast.net

Please note new e-mail address!!!

RECYCLABLES - plastic, cans, bottles and papers are put at the curb with garden clippings, etc. on Tuesday nights.

Regular garbage is put at the curb on Wednesday nights -

BUT NOT

before 6PM on either night!!

Important Telephone Numbers

Community Association

Manager, Tony Dumas.495-7937

Tony's email....tdumas@swpropmgt.com

Administrative Assistant

Paula Van Dyke.....495-0562

Paula's email..pvandyke@swpropmgt.com

Activities Director

Suzi Rees.495-6742

Suzi's email....cascades@swpropmgt.com

Tennis Pro, Shawn Hedrick.....948-5287

Estate Landscaping.....498-1187

Florida Power & Light.....334-7754

Lee County Utilities.....936-0247

Waste Pro.....337-0800

Comcast.....793-9600

Comet Electric...(security).....800-554-5105

Security Monitoring.....800-934-2527

~ WEBSITE ~

thecascadesatestero.org/index.htm

**IN CASE OF AN EMERGENCY WHEN
THE OFFICE IS CLOSED...CONTACT
SOUTHWEST PROPERTY MGMT.**

AT 239-261-3440

★ **PLEASE TAKE NOTE!!!** ★
★ **FOR ANY ACTIVITIES AND** ★
★ **OR EVENTS HELD,** ★
★ **YOU MUST SIGN UP WITH** ★
★ **SUZI IN THE** ★
★ **ACTIVITIES OFFICE!!** ★
★ **ALSO...** ★
★ **ALL CANCELLATIONS TO** ★
★ **ANY EVENT MUST BE** ★
★ **RECEIVED 5 DAYS PRIOR** ★
★ **TO THE ENGAGEMENT TO** ★
★ **RECEIVE A REFUND!** ★
★ **THANKS,** ★
★ **SUZI REES** ★
★ **No one under 18 years old may attend!!!** ★

So You Have a Dirty Roof

submitted by Rick Fried

You just received a letter from the property manager that you have to clean your roof, what should you do? Well, there are three choices available to you.

Number one option, hire somebody to power wash your roof. After the job is done notify the office, and you're done. Hold onto the paid bill.

Number two, is to call the office and ask for a re-inspection if you think your roof is not in need of a cleaning. As most of you know, this is the first round of inspections that the Compliance Committee has performed. Their self-imposed mandate was to cite only roofs that by any reasonable standard were dirty. Or to put it another way, if there was any doubt, no letter was sent. But it is possible that a few errors were made. So call the office and Tony AT HIS CONVENIENCE will take another look at your roof. You need not be there when Tony comes. And if you are present when he arrives, please do not look upon this as a chance for you to debate the issue, and certainly not to be confrontational or disrespectful in any way. He will notify you as to his findings. If he reverses the Compliance Committee you're done, if not, see number one above.

Number three, Cascades has in place a standard which requires roofs to be power washed every three years. If your roof was washed less than three years ago, present the supporting document to the office and you're done. If you do not have any paperwork, see number one or number two above.

There has been some misinformation floating around that power washing your roof will be harmful to the tiles. To get the definitive word, I contacted the manufacturer of my roofing tiles (and I believe the same company supplied all the tiles to Cascades). They recommend that their tiles be routinely power washed to remove accumulated mold and mildew. They even go so far as to describe the proper pressure to use and discuss the use of cleaning additives. Taking it one step further, I called their customer service department to see if they had a recommended interval for washing their tile. Their standards are every 3 to 5 years depending on the area of the country in which you live. As we here in South Florida live in the mold and mildew capital of the United States, the three year cycle is most appropriate. They did also say that power washing their tiles every year was not advisable. By the way, they emphasize that consumers should hire a professional to clean the roof because (a) if you are not used to walking on the roof tiles you could break or crack them (bad) and (b) a wet roof is very slippery and falling off the roof is a real possibility (very bad). Should you wish to get more information the website is <http://www.monierlifetile.com/>.

IMPORTANT NOTICE

ANNUAL MEETING – FEBRUARY 22nd, 2011

This year we will be distributing to owners the documents they will need to record their proxies to establish a quorum & to vote on the proposed amendment to the Governing Documents and to vote for the Board election.

Voting and proxy instructions and procedures for the return of the papers will be included.

Those owners who are here or close enough to collect their papers are asked to please do so as this process will save a considerable amount of money for the community.

The documents are to be stuffed into the envelopes on Monday morning, January 31st **so they will be available for pick-up here in the clubhouse Tuesday, Wednesday & Thursday - February 1st, 2nd & 3rd.**

The envelopes not picked up will be mailed on Friday, February 4th so as to comply with our Governing Documents and Statute.

We thank you in anticipation of your kind co-operation and support of this money-saving endeavor for the community.

Tony Dumas, CAM

**Devine Canine Mobile
Grooming Services**

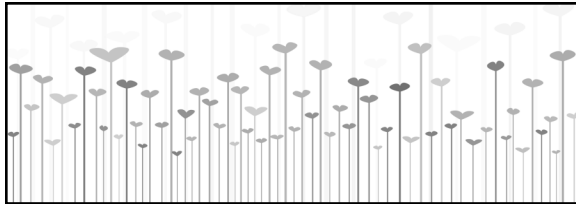
Give your dog a stress-free
grooming experience.

My mobile grooming
rig allows me to groom
your pet in your
driveway!



**Call Aura at
222-3304**

Cascades references upon
request!



FOR SALE

**Den/Home Office Furniture in
American Cherry**

Corner Desk with Hutch. Four base
cabinets & two hutches 30" X 21" each

Plus matching chair.

Like new - a must see!

Great price only \$590.00 or B/O

Please call after 3pm - Mon. thru Fri.
anytime on weekends!

Call Lynn at 239-994-0548

Our Sincere Get Well Wishes

go out to

Phil Mule

Here's hoping for a

Speedy Recovery!

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&

EXTERIOR



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- A LOCAL RESIDENT -

- LICENSED -

A Big "Thank You"

...to all our friends in Cascades.

*Your cards, calls, visits and sup-
port during Ken's illness has gone*

a long way in helping him to

*recuperate. We only wish we could
express how much this has meant to*

us.

Ken and Jane Burns

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\$25.00 one way ~ \$40.00 round
trip ~ up to 4 people

A resident of Cascades





"Let's Hang On"


A TRIBUTE TO
"THE JERSEY BOYS"

THE MUSIC OF
FRANKIE VALLI & THE FOUR SEASONS

featuring BOBBY VALLI

Saturday, February 26th
7:30pm ~ Ballroom
Theater style seating
 Don't miss this tribute to
"The Jersey Boys"
 The music of Frankie Valli & the
 Four Seasons featuring
 Bobby Valli
\$25.00 per person



NEIL DIAMOND - THE TRIBUTE
featuring ROB GARRETT ('King of Diamonds')

Thursday, March 31st
7:30pm in the Ballroom
"King of Diamonds"
Rob Garrett
in concert

You'll be convinced that
 the real Neil Diamond
 is on stage in front of you!
 Tickets are \$25.00 per person
 (See Suzi)
 Theater style seating

One last look at "SPEAKEASY FOR THE CURE".
A fun time was had by all!



.....and a few more pictures





*Happy Birthday to
Jerry Steiner who turned 93 years
young on January 7th!*



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Friday February 4th 6:00 pm

(doors open at 5:30 pm)

Dance! Mingle! Sing! Eat! Laugh!

Come be a guest and mingle with these two zany Italian families at this anything-but-ordinary Dinner Show.

You may even catch the bouquet!

\$35 per person. ~ 18 years and older.



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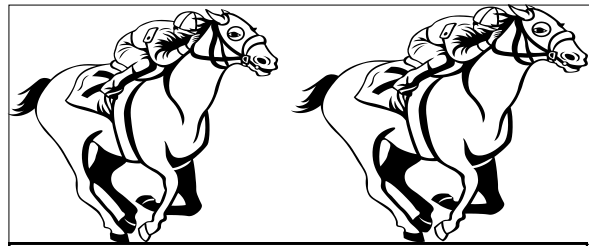
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*Cascades Residents Love
Precision Builders!
References Available!*

239-290-0399

prebuild@earthlink.net



Be ready when

The Cascades Women's Club
presents

“The Cascades Derby”

Wednesday, February 23rd at noon.

There will be fun, food and competition. Bet on your favorite horse! We are having a hat contest. Design and make or buy that special derby hat.

Bring your \$\$\$\$ as you will have the chance to bet on several horse races! There will also be prizes for the most beautiful, the funniest and the most original hat, so get that hat ready.

Luncheon is a pre-chosen salad platter

Questions or further information

Call Bonnie Rimar: 947-4742 or

Barbara Anderson 992-9991

Deadline is February 15th!

Duplicate Bridge at Cascades

Our first bridge session in January was a success. We had 3+ tables and got familiar with some of the basics of duplicate. We are now an officially certified ACBL Bridge Club, which means we are eligible to award master points. We decided to initially meet once a month on the 1st Thursday. Thus our next game will be on Thursday, February 3rd, at 6:30 pm. Our current plans are to retain the Naples Bridge Club Director for the next few months. There is a \$5 fee, and all experienced bridge players are welcome. Please call or e-mail Arlene Thompson at:
Thompsonconsulting@att.net
Tel : 495 - 9897



HAIRS TO YOU

Hi everyone! I'm a former salon owner from New England. I will come to your home to bring you the latest in hair services at the most reasonable rates!!!
I'm a resident in Cascades Home (239) 244 – 9441
Rosemarie "RO" Corsino



Driver Safety Refresher Course

Monday, February 21st & Tuesday, February 22nd
9 am - 1 pm

The nation's first and largest classroom refresher course geared especially to your safety needs.

5 good reasons to take the AARP Driver Safety Program

- ◆ Learn defensive driving techniques, new traffic laws, rules of the road, and much much more in the 8-hour course.
- ◆ Find out how to adjust your driving to age related changes in vision, hearing, and reaction time.
- ◆ Get an insurance discount (*Consult your insurance agent.*)
- ◆ You don't have to take a test.
- ◆ Millions of people have taken advantage of this valuable course.

AARP Members: \$12.00 ~ Non Members: \$14.00

*Sign-up at the Health Fair on February 12th or
see Suzi in the Activities office.*

Deadline to register is Wednesday, February 16th.

Cascades Men's Club Installation of Officers & Dinner Dance

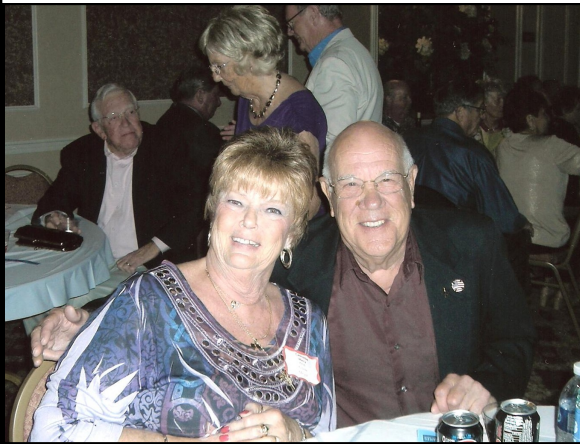
submitted by Ralph Giaquinto, President of The Men's Club

The Men's Club held their annual Installation of Officers Dinner and Dance on Jan, 11th. It was attended by over 190 Members and Guests. Past President of the Club, Dudley Alsop who initiated the Installation of Officers Dinner, did the honors of installing President Ralph Giaquinto, Vice President Charles Cochrane, Treasurer Sal Paraisando, Secretary Mike Greco for 2011. He also gave credit to Ed Gramolini for his contributions in making the club a success over the years.

President Giaquinto, on behalf of the Men's Club, presented an engraved plaque honoring Ed Gramolini for the many years of dedication and service in making the club a success. The Members responded with a standing ovation, a fitting tribute to Ed, although he no longer holds an office in the Club he will continue heading, and working with members planning social activities. Ralph Giaquinto thanked the out going officers, Richard Passera and Ed Gramolini for their service in 2010.

The evening continued with a buffet dinner by Renee's Caterers, and music and dancing provided by "Cachet" a popular band from the East Coast of Florida. The dance floor was filled from the first till the last dance, and overflowed to the back of the hall many times during the evening. I know many members and guest slept well that night. Upon conclusion of the evening one of our Club members, a talented musician and performer, Tony Aschi, sang a few songs with the band and received a rousing round of applause.

I want to thank everyone who helped with this dinner and dance, and donating the many hours it takes to put something like this together.





...and some more pictures of the Men's Club Installation of Officers Dinner Dance





You know you had enough of snow when
Your snowman looks like this!



*Our Deepest Sympathy
Goes out to
Dan Blanchard
On the recent loss
Of his Beloved Wife
Anne*

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Jim Kutzleb
President

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Message From Above

submitted by Sandy Geoffroy

Starting the New Year with some words of wisdom....

An angel respects whatever is really important to you.

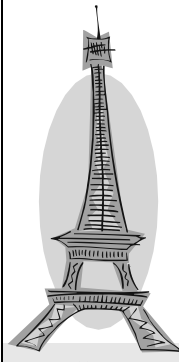
Angels always think you are worth the effort. Angels are most inspired by your wish to be free.

Angels will never leave you...in spirit.

To an angel, forgiving is just another form of giving.

Angels do things you thought no one would ever love you enough to do.

To angels you are SPECIAL, because you are you!



The Eiffel Tower

*Voulez-vous parler Francais?
In Cascades
Private Lessons
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Valentine's Day Dinner and Dance

Monday, February 14th ~ 6pm

\$35.00 per person

(doors open at 5:30 pm)

Buffet Dinner

Lover's Concerto

Seasonal Salad

*Bird of Paradise Chicken With Sliced Beef Tenderloin,
Whipped Potatoes & Gravy California Vegetable Blend*

Rolls & Butter

Dessert & Coffee

7:00 pm Dancing

Entertainment by Soli & Andre

To Love is Nothing... To be Loved is Something...

To Love and be Loved is Everything...

18 years and older

Deadline to sign-up is Thursday, February 10th, 2011

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CASCADE'S

CHORUS

Cascade's Chorus will be collecting Yard Sale Items, as a fundraiser, to be sold at the Estero



Community Yard Sale on February 5th. We would appreciate any items you would like to donate. A pick up truck will be outside of the Clubhouse on Feb. 3rd from 9:00 am until 1:00pm where you can drop off your donations. Any household items, furniture, books, ect. will be appreciated. Please no clothes. Thanks in advance for

your help. For further information contact Marie Catanese at 498-1063 or Mary Carvalho at 405-8044.



ParaGeeks



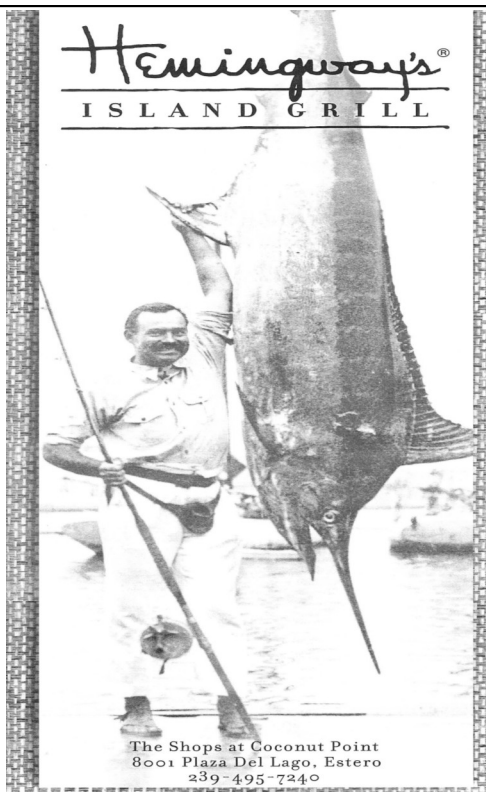
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THE LUNCH BUNCH

Experience a little bit of Key West
February 16th at noon
At **HEMINGWAY'S ISLAND GRILL**

In Coconut Point
Deadline is February 14th in the
Media Room
More info call Carol Hagan at 495-7355
Marilyn Mintz AT 948-2239

ESTERO COUNCIL OF COMMUNITY LEADERS

submitted by William F. Williams,
Cascades Representative

I became the ECCL representative in January 2010. The ECCL is an all volunteer civic association that was formed in 2001. Its prime concern is to coordinate the community response to residential community "outside the gates" concerns. Its important function, as Estero is in unincorporated Lee County, is to interface with all governmental bodies whose policies impact Estero. ECCL's members work to make sure public resources and infrastructure keep up with Estero's growth.

Some of our recent results are the greatly expanded road network that serves the community; and the obtaining of commitments for landscaping all of our major roadways. Three Oaks Parkway north of Corkscrew Boulevard and the Estero Parkway flyover will be landscaped in 2011. The ECCL is actively working with Lee Memorial to accelerate easy access to emergency medical services. Other notable areas are the protection of ground water, community planning, and the design and development of parks.

You can find the entire monthly report on the ECCL Web Site and it is normally sent out to all those registered by e-mail with the Cascades.

BOCCE BRUNCH

submitted by Veronica Murphy

Our first Bocce Brunch of 2011, hosted by Jane and Fred Jagels, Charlene Acciarito, Ed Gramolini, Naome Gibbs and Paul Sullivan, with Kitchen Helpers, was a blast off to what is planned for Bocce members this year. Bacon, eggs, fresh fruit salad, donuts, bagels, and that great coffee welcomed nearly 100 Bocce players as they entered the Clubhouse on a crisp Sunday morning, after their games of Bocce.

Our next Bocce Brunch will be February 13th. Bocce Club Members, mark your calendar for February 19th. Five couples will be hosting a LUAU NIGHT. This is another event Bocce Club Members will not want to miss.

Anyone wanting to know about and or get started at playing Bocce, please drop by the Bocce court any Sunday morning. All are welcome to join!



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(239) 896-4708
(A RESIDENT OF CASCADES)**

Bridge Information

Tuesday Night Couples Bridge will be hosted indefinitely by:
John & Joanie Stanford....949-4212
Wednesday Ladies Bridge for February will be hosted by:
Rose Marie Romanotto....992-3753

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Sally



June



Anna

Salon Avant-Garde

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Fort Myers, FL. 33908

239-791-8153

MARDI GRAS

**On Wednesday, March 30th
at noon**

**join the Women's Club to
celebrate "Mardi Gras"**

**There will be
Fun, food, drink,
Beads, Masks &
Entertainment!!**

**sign-up in the
Media Room**

**\$16.00 members - \$18.00 guests
Checks made out to The Women's Club
& given to Suzi.**

Deadline is March 22nd

**Questions please
call**

**Diane Gendron at
207-577-0398**

or

**Maryann
Napolitano
at 516-672-9377**



MARINERS CLUB OF ESTERO

FEBRUARY 27TH SUNDAY BUS TRIP

Our 1st event of the 2011 year will be a Luncheon Cruise on the Marine Jacks II luxury Yacht in Sarasota. Join us for a relaxing cruise. Every seat has a window view, cruise the inter-coastal waters.

The Lunch Buffet featuring Chicken Marsala and a Fresh Catch of the Day Fish with all the trimmings.

After our cruise and lunch we will go to the Mote Aquarium. At the Mote we can explore the secrets through touch pools, viewable labs and exhibits. You will see sharks, dolphins, manatees, sea turtles. Working Labs and show case renowned research.

COST FOR THIS TRIP is \$75.00 PER PERSON. **NO REFUNDS**

This covers Bus Ride, Buffet Lunch, Boat Ride, Admission to the Mote Aquarium and Gratuities

WE DO NEED A MINIMUM OF 30 PEOPLE TO MAKE THIS TRIP HAPPEN

Checks will be payable to Mariners Club NOTE a new person to send your checks to

CAROL HAGAN 20489 Foxworth Circle 495-7355Money will be due on FEB 18TH

--DUE TO OUR UPCOMING TRIPS WE ARE REQUESTING MEMBERSHIP DUES BE PAYABLE BY FEB 1ST--

Thanks, Carol Sever

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Friendly Reminder

With the return of most of our residents it is very important that we adhere to some of our basic rules:

1. There should be **no guests** in the exercise and weight room before 10am. Guests are permitted between the hours of 10am - 5pm. No one under the age of 18 is allowed to use those amenities due to insurance and liability reasons.

2. No one under the age of 16 is to use the hot tub.

3. Children 3 years and older and completely trained can use our pools. We apologize if these rules are constantly repeated but there are infants in the pool with diapers on and very young teenagers in the exercise rooms. We thank you for understanding!

Bingo's New Home

submitted by Sandy Geoffroy

We are starting the New Year with a big change...our "new home for bingo" will be the craft room. Our first bingo was January 16th and the concept of a traditional bingo hall went over well. Frankly for us on the committee, it was much easier to set up for bingo night since all of our supplies are located there and a shorter distance to move that heavy bingo machine. We thank you all for understanding. Our "Crazy Hat" person was Mary Ann Lariviere and our full card winner of \$95.00 was Phyllis Pantaleo. We hope to see you at our February 20th bingo, until then stay healthy and happy!



**Next Bingo - February 20th at
6:30pm**



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"The KING of Pools"

Jeffrey Koenig
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~ NOW ~

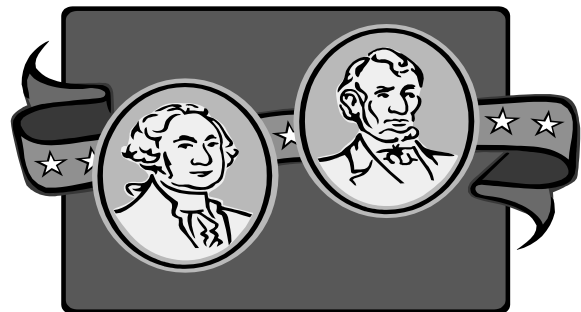
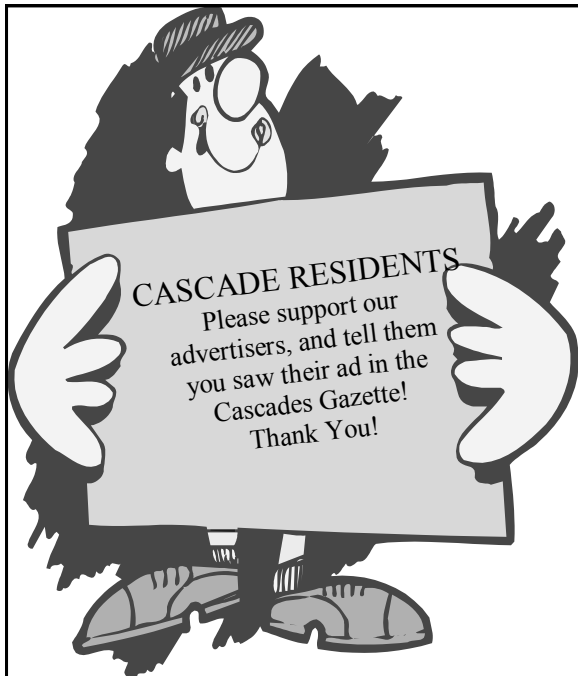
Offering Pressure Cleaning
Roof Only ~ \$250.00
Whole House ~ \$300.00
(Includes roof, driveway, lanai and
screen cage)

~~Paver sealing and painting also available~~

Hi! My name is Jeff Koenig and I live across the street in
"The Reserve at Estero."

I will provide quick and reliable service for all your pool
needs. I have been servicing "The Cascades"
residents for over 6 years on a daily basis.

Call for a *Free estimate.*



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Fred Hendry 267-7200

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PRESSURE CLEANING

Cascades residents fixed roof cleaning prices

Our roof cleaning price includes: All aluminum soffits, gutters and downspouts.

“We also clean your house.” All mud daubers, bees’ nests, cobwebs and mold will be gone! We apply an algaecide treatment to your clean roof as part of our fixed fee.

Other companies will ala-cart the chemical treatment service at \$80.00 to \$120.00 per 2000 sq. ft.

THESE PRICES ARE FOR EVERYONE!!

Foxworth Cir. \$340.00	Castlemaine Ave. \$295.00	Springview Loop \$295.00
Cascades Isles \$275.00	Serene Meadow \$275.00	Sun River Way \$295.00
Lismore Lane \$295.00	Liseron Dr. \$295.00	Ballylee Ct. \$295.00
Breezeway Ct. \$295.00	Alana Ct. \$295.00	Whitefield Dr. \$340.00

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Have you seen any of the 100 Cascades homes we’ve painted?

Cascades Residents:

For the past two years **G.T.Y. SERVICES** has been working in your community on a daily basis. We are a small company that has managed well in painting more than **100 homes in the Cascades**. We have provided other services such as interior painting, epoxying of garage floors, roof cleaning, chemical coating and driveway stripping and resealing. **We have worked for more than 300 residents.**

G.T.Y. SERVICES has an excellent reputation throughout the community. **Our exterior paint service is our Company’s pride and joy.** We follow a proven system that has been perfected over many years. **A paint job is only as good as the preparation that goes into it.** We invite our customers to inspect our prep work before we apply a thick coat of premium paint. **It is our mission** to make you feel great about your home maintenance investment.

My name is George Yates, and I would love the opportunity to speak with you about your inevitable choice of paint vendors.

Thank you for your consideration.

“WHEN NATURE CALLS”

Dear Valued Customers:

At the time **G.T.Y. SERVICES** paints your home, we offer you a great value. Once a year for a period of seven (7) years, we will clean your aluminum soffits, gutters, house and walkway, **for the very low cost of \$85.00.**

Cob webs, bees nests, mud daubers and premature mildew growth **GONE!** Other services such as screen cages, lanai and driveway cleaning will also be greatly discounted. **(At the time of routine service)**

THIS OFFER GETS EVEN BETTER

In the years that you decide to clean your roof, the service cleaning fee of \$85.00 will be waved. It is our mission to treat you fair.

“NO PRICE GOUGING OR SLOPPY SERVICE.”

We realize that the service we provide to you over the next seven years will determine whether or not you will allow us to paint your home again.



Photo by Jim Dostie

Join the Team

submitted by Richard Fein

You may not be aware that just a few miles from the Cascades is the home of one of the most successful NCAA Division I women's college basketball programs in the country, the Florida Gulf Coast University Eagles. We started attending the games when we noticed the team was winning all of their games during the 2006-2007 season, in which they wound up with a record of 34-1, losing only in the Division II national championship game. Since moving into Division I in the 2007-2008 season, they have a record of 86-22. The Eagles have appeared in the last three post-season National Invitational Tournaments, once on the basis of having won the Atlantic Sun Conference Season Championship. Basketball teams are ineligible for the NCAA championship post season tournament for their first 4 years in Division I.

This year (as of January 23rd) the Eagles have a record of 14-1 and are leading the Atlantic Sun Conference with a 7-1 record. They were one of only two Division I women's teams that were still undefeated as of January 19th this season. They are making more 3-point baskets (11.6) per game than any other team, have been ranked as high as second in the Mid-Major Top 25 Poll, and have received votes in both the AP Top 25 Poll and the USA Today/ESPN Coaches Poll.

With all of this success, it is worth mentioning that no one on the team is 6 feet tall. That didn't stop them from defeating a team from the Big 10, Indiana, that had 9 players over 6 feet tall, including one 6' 4" tall and two designated as "short forwards" since they were only 6' 1" tall. This season the Eagles have also beaten Seton Hall from the Big East Conference and Virginia Tech from the Atlantic Coast Conference.

They have 9 home games remaining this year during February and March at Alico Arena on the campus of FGCU (just north on Ben Hill Griffin Parkway). Six of these games are conference games which are critical if the Eagles are going to win the conference championship. As the above picture shows, the team appreciates its fans and the fans certainly appreciate the effort made in each and every game by the team. Join the fun, the excitement, and the thrills of top-notch college athletics and make the Eagles your home team. More information about the team and other Florida Gulf Coast University sports is available on FGCUAthletics.com.

Upcoming Conference Games: Saturday February 5th, USC Upstate, 7:05 P.M.. Monday February 7th, East Tennessee State, 7:05 P.M.; Saturday February 19th, Campbell, 7:30 P.M.; Monday February 21st, Stetson, 5:15 P.M.; Thursday February 24th, Jacksonville, 5:15 P.M.; Saturday February 26th, North Florida, 5:15 P.M. The 5:15 P.M. games are the first part of doubleheaders with the FGCU men's team playing at 7:30 P.M.

FGCU Tournament: Friday March 4th, Seattle, 7:30 P.M.; Saturday March 5th, Longwood, 7:30 P.M.; Sunday March 6th, SIU Edwardsville, 4:15 P.M.

NEWS FROM THE COURTS

submitted by Joyce Haas

It's easy to see the Season is here. There is a lot more activity on the tennis courts, as most of our "part timers" have returned. Welcome back, and hope your Holidays were wonderful.

The Winter League began Jan. 17th, and will continue until March. Again, I want to encourage the non-tennis playing residents to check the tennis bulletin board for times and dates of home matches and join us Tennis Junkies watching our friends play, while spending some time in the pleasant winter weather that Florida provides.

We have been enjoying watching the Pro League basically every other Friday. The tennis is always top quality. On Friday Feb. 11th, the Pro League will be held at Shadow Wood. Colonial will be the site of the Feb. 25th, Pro League. Again, this is free and open to the public. What an enjoyable way to spend a late afternoon and/or early evening. Matches usually start about 4:00 or 4:30pm and a second round starts about 5:30 or 6:00pm.

Remember to look for Robin George's article each Tuesday giving Info on local tennis. During January Miramar Lakes had Nick Bolleterri on a Saturday morning for a presentation. He spoke about some of his teaching methods, demonstrated some others. A very interesting program.

Our tennis exhibition went on as scheduled Saturday, Jan. 15th. If you were not there to see the great tennis we were privileged to watch, you missed a lovely evening. Refreshments of drinks and home made cookies were provided by the Tennis Committee and Shawn. Plans are being made for a Mixed Doubles Exhibition on March 9th, a Wednesday. Mark your calendar and don't miss out.

Plan to attend, and that includes all Cascades residents. Hope to see you there.

On Sunday Jan. 16th, Grandeeza did an outstanding job of presenting a fund raiser Corey Kent's family. Corey has been injured in military action and is recovering, but it will be a long process. They had events of all kinds, golf, tennis, prizes raffled off galore. Such a wonderful and deserving cause. We salute Corey, his family, all the great Grandeeza folks as well as all those serving our country. The generosity of those providing donations of time and/or money or items is gratifying.

Don't forget to check the tennis bulletin board regularly for items that were still in the planning stage when the Gazette went to press.

If you are interested in receiving e-mails about events and happenings regarding tennis, even if you do not play tennis, just call or e-mail Shawn with your e-mail address. He will gladly add it to the list.



Recipe Exchange Group

*meets
Thursday,
February 3rd
at 1pm
in the Craft Room*

Looking for Egg recipes

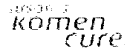


New Dues Year for Cascades Women's Club

submitted by Pat Calvert, President of the Women's Club

To better serve the needs of our members, the dues year of our CWC will now follow the calendar year. Members can contact our Membership Chair Bonnie Rimar at 947-4742 to pay or for additional information.

Dues applications are also available from Suzi in her office. Fill out your application, and return to her with your check for \$15 as soon as possible. Dues will also be collected at all general membership meetings.



WALK (OR RUN) WITH US!

5th Annual Susan G Komen Race for the Cure 5K Run/Walk Saturday March 12, 2011 Coconut Point Mall 8:00 AM

Come Join our Team.....

Cascadians 4 the Cure

Walk for a great cause.....

Show your support for this horrible disease
Imagine a world without breast cancer

Be part of the fun.....

Team Cocktail Party to meet your team members
Race Day

Registration now available at

www.Komenswfl.org

Click on Race for the Cure tab at the top

Click on registration, then join a team

Enter team name, choose community/neighborhood

Cascadians 4 the Cure T-shirts will be available for purchase.

Please call Suzan for details.

Team Captain is Suzan Eisenberg 498-1829

Team Co captain is Nancy Lopez 338-8268

Up-coming events for the next two months...

FEBRUARY 2011

Friday, February 4th ~ Joey & Maria's Comedy Italian Wedding

Interactive Dinner Show

Saturday, February 12th ~ Health Fair

Monday, February 14th ~ Valentine's Dinner & Dance Entertainment by Soli & Andre

Saturday, February 26th ~ Valli to Valli with Bobby Valli Tribute to The Jersey Boys

MARCH 2011

Saturday, March 12th ~ Susan G. Komen Race for the Cure

Thursday, March 12th ~ St. Patrick's Day Party Dinner & Dance

Entertainment by The Florida State Champions Supreme

Harp & Thistle Pipe Band of Southwest Florida and Music by Bill Jollie

Thursday, March 31st ~ Rob Garrett "King of Diamonds" Tribute to Neil Diamond

The Amazing Camel

submitted by Sandy Geoffroy

If you ever doubted that God exists, meet the very technical, highly engineered Dromedary Camel from the hot sand of the Middle East.

When it's hungry it'll eat almost anything... a leather bridle, shoes, a tent, rope etc.

Its hump, all 80 pounds of it, is filled with fat, which is its body fuel not water. When food isn't available, its body automatically takes fat from the hump and feeds the system. It keeps the camel strong in an emergency. The camel has been known to drink 27 gallons of water in ten minutes. When this much water is taken in the microscopic cells in its body are fueled. Scientists have tested a camel ten minutes after taken in huge amounts of water and found its stomach to be empty. Its body is replenishing.

In an eight hour day, the camel can carry a 400 pound load over 100 miles in a hot, dry desert. In this time it may not stop for water or food. It has been known to go 8 days without a drink and lose 227 pounds.

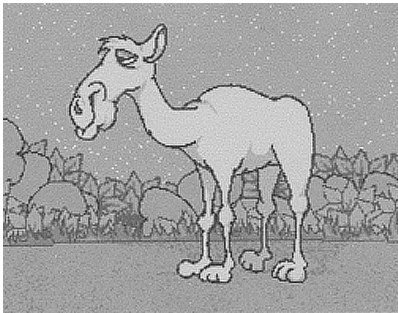
Normally the camel's blood contains 94% water, just like humans. Scientists have found that the camel can lose up to 40% of its water and still be healthy.

Doctors say human blood has to stay very close to 94% water. If you lose 5% of it, you can't see anymore; 10% and you can't hear and you go insane; 12% and your blood thickens like molasses and your heart stops.

Scientists say the camel's blood cells are different. The red cells are elongated, ours are round. The camel is made for the desert life.

The hooves of the camel are wide and when pressure is applied they widen so that it doesn't sink into the sand. The hoof has two long, bony toes that are very tough and almost webbed. It can march at 10 miles per hour. The special muscles in its nostrils close and open in a sandstorm keeping the sand out. The nostrils also regulate the camel's temperature. Its eyelashes are so long they act like screens, to keep sand and the scorching sun from the eyes.

Camels are called the "Ships of the Desert" and are crucial for some people's way of life.



Dear Readers:

The book selection for our February meeting is "Exile" by Richard North Patterson.



The author renders a beautiful love story in the context of the Palestinian-Israeli conflict. His chief protagonist is a lawyer, an American Jew who is asked to defend a Palestinian, a woman whom he loved when both were law students at Harvard, 13 years before.

She is accused of terrorism by plotting to kill the Israeli Prime Minister. To find the truth, the lawyer travels to Israel, Gaza and the West Bank. He finds deception and intrigue. The author maintains his objectivity in dealing with many complex issues of the conflict.

Despite the distance of time and place, the lovers continually think about each other. The question remains. Will the star-crossed lovers triumph in the end?

The meeting will be held in the Media Room at 7:00 PM on Thursday, February 24th, 2011.

Enjoy the book. We look forward to you joining us in the discussion of our selection.

Pat Beausoleil
495-1807

I Didn't Know That.... "In The Hole"

submitted by Sandy Geoffroy

To be in the hole, as it refers to being in debt, originated in gambling houses of old. Poker was the preferred game of the mid-1800's. As a certain percentage of each game went to the house, cash was stuffed in a slot or hole in the center of the table. The money was secured in a box underneath of the table. Those losers who wound up with more money in the hole than in their pockets were said to be in the hole. The association of being without cash has remained ever since.

Chocolate's Dark Secret

submitted by Sandy Geoffroy

If you think chocolate is divine, you're not alone. Chocolate literally is the "food of the gods". That's what its botanical name means, Theobroma cacao. Here are some facts about chocolate:

Chocolate dates back centuries. Mayan's traded the cacao bean as a commodity. In 1519, the Aztecs discovered a delicious drink by adding water and sweeteners to the ground-up cacao bean. The chocolate bar came along in the 18th century, by mixing chocolate and milk.

Chocolates can be healthy for you but not the chewy, caramel, marshmallow or cream-covered chocolates but a good solid dark chocolate. The benefit of a dark chocolate is that it is rich in flavonoids. It is said that it can improve heart health, blood pressure, reduce LDL "bad" cholesterol and increase blood flow to the brain. Use dark chocolate in moderation, overindulging will increase fat, sugar and calories. A standard size bar of Hershey's Dark Chocolate has 531 calories, compared with 150 calories from an ounce of dark chocolate or about 6 Hershey Kisses.

Look for dark chocolates with at least 70% cocoa for the finest chocolates rich in flavonoid and Enjoy!

Women's Club Luncheon & Installation of Officers

April 27th at noon

Menu

Antipasto- Tomato Bruschetta

Salad - Fresh Greens

*Entrée - Chicken Parmigianino
with Spaghetti Sauce*

Served with bread & grated cheese

*Dessert - Lemon Pound Cake
with Strawberries & Whip Cream*

\$15.00 Members

\$17.00 - Guests

*Catered by "Romano's Macaroni
Grill"*

Your Hostesses

Carol Sever-495-3724

Bunny Lennox-498-0716

Sign-up in the Media Room

Checks go to Suzi Rees

and are made out to "Women's Club"

Deadline is April 22nd

www.CascadesInEsterro.com

submitted by John Piccolo

By now residents should have experienced the value of the mass emails, "Courier Emails", that have been sent out recently. They are mailed within a short time after the script is delivered to the Information Center Committee.

They contained BOD meeting agendas, meeting minutes, ECCL alerts, security advisories, ACB minutes, and much more. However, the process of sending out the emails generates numerous errors relating to email addresses.

The most common are mailbox full, no such account at that location, i.e., AOL, email rejected by recipients SPAM software, invalid ISP domain name, i.e., improvita.com, and other errors.

The ICC suggests that if you are not receiving the "Couriers" and want to, please update and or add your address to the property managers email list. Also, if you have structured your email SPAM filter to not accept email from addresses that you have not sent mail to, please enter Courier@CascadesInEsterro.com into your valid address SPAM folder. If you need additional assistance email the ICC at WebMaster@CascadesInEsterro.com.



Insurance Center, Inc.

Fort Myers * Bonita Springs * Vero Beach
239-939-9991 * 239-444-1707 * 772-257-3131
www.emailmyagents.com

WHO ARE WE AND WHAT DO WE DO?

****We support our local community through various philanthropic channels. Please call any of our offices for information on how to be part of our volunteer team.****

****We are committed to our global community by establishing “green” office practices.****

****Our Agency is here to provide you first class protection and service for your *Auto, Boat, Home, Motorcycle* and *Business Insurance* needs.****

WHAT CAN WE DO FOR YOU???

Licensed
& Insured

239 362 0404



**MARBLE &
GRANITE**

Office: 239 362 0404 • Fax: 239 362 0403
info@hbgranite.com • www.hbgranite.com
12581 Metro Pkwy. • Ste. 1 & 2 • Fort Myers, FL 33966

Please call our office to obtain references of our customers in the Cascades
Free 18 Gauge Stainless Steel Sink with the purchase of a kitchen countertop

MARINERS CLUB OF ESTERO

submitted by Carol Sever

MARCH 25TH & 26TH PALM BEACH/LION SAFARI OVERNIGHT GET AWAY:

MARCH 25TH FRIDAY DAY 1

WE WILL DEPART THE CLUBHOUSE AT 7:30 AM BY BUS FOR OUR LION SAFARI- WE WILL SEE HUNDREDS OF ANIMALS OVER 300 ACRES PLUS A 4 MILE DRIVE THROUGH THE SAFARI. THIS TRIP TAKES ABOUT 2 HOURS.

THEN WE WILL BOARD THE BUS TO GO TO LUNCH AT THE FAMOUS “PANAMA HATTIES” A WATERFRONT DINING RESTAURANT. YOU WILL HAVE A CHOICE OF 3 ITEMS TO CHOOSE FROM, WITH A BEVERAGE INCLUDED IN THE PRICE.

BACK ON THE BUS TO PALM BEACH GARDENS SCENIC ROUTE. WE WILL SEE THE BREAKERS, MILLIONAIRE MILE, AND TOUR THE FLAGLER MUSEUM - A 75 ROOM MANSION OF EUROPEAN SPLENDOR ON THE EAST COAST. WE WILL THEN STOP AT THE POMPANO LIGHTHOUSE.

THEN ONTO DINNER [TO BE DETERMINED] ON YOUR OWN. AFTER, WE WILL CHECK INTO OUR “HOME FOR THE NIGHT” AT THE COURTYARD BY MARRIOTT IN CYPRESS CREEK.

MARCH 26TH, SATURDAY

A BREAKFAST BUFFET IS INCLUDED AT THE MARRIOTT AND AFTER BREAKFAST, WE WILL DEPART FOR LAS OLAS. **WHAT IS LAS OLAS?** IT'S A TOWN THAT HAS A VARIETY OF ANTIQUE SHOPS, VARIETY OF BOUTIQUES AND HOMEMADE ICE CREAM, IT HAS LOTS OF ARCHITECTURE AND LOTS OF HISTORY AND IT'S ON THE WATERFRONT.

LUNCH WILL BE ON YOUR OWN. LAS OLAS HAS MANY RESTAURANTS TO CHOOSE FROM. WE WILL BE HERE ABOUT 2 HOURS.

THEN ON TO DUCK DIVA SIGHTSEEING TOUR ON LAND AND SEA. FULLY NARRATED YOU WILL SEE MANY EXCITING THINGS OF THE RICH AND FAMOUS. THIS TRIP TAKES 75 MINUTES AND IT IS A FUN TRIP.

THEN WE START ON OUR WAY HOME.

PRICE INCLUDES ENTRANCE TO THE SAFARI PARK, LUNCH AT “PANAMA HATTIES”, FLAGLER MUSEUM, BREAKFAST BUFFET, THE DUCK DIVA, AND BUS DRIVER TIP

PRICE IS: \$205.00 P/P, DOUBLE OCCUPANCY. A \$100 DEPOSIT P/P DOUBLE OCCUPANCY IS DUE BY FEBRUARY 9TH - SEND CHECKS TO CAROL HAGAN – 20489 FOXWORTH CIRCLE.

...a few words from Paula Van Dyke, Administrative Assistant

Hello Cascades Residents,

What a great start to the New Year! I've noticed increased traffic throughout the Clubhouse with residents coming and going to various activities each day as well as prospective new homeowners touring the grounds with Realtors.

Just a few reminders: Our Irrigation Company, Dakota, and Landscaping Company, Estate, both require a written work order for each work request. **Please fill out a work order** and turn it in to me at the office or feel free to email me at pvandyke@swpropmgt.com. The work orders can be found next to the desk in the Media Room in the Clubhouse as well as on line at CascadesinEstero.com.

The Architectural Control Board (ACB) meets every other Wednesday to go over ACB Requests from homeowners wanting to make changes to the exterior of their homes. The ACB forms can also be found in the Media Room in the Clubhouse as well as on line at CascadesinEstero.com.

HOA Dues are mailed to P.O. Box 31341, Tampa, FL 33631-3341.

There are several “found “ items including keys, glasses, earrings and even a Disabled Persons Parking Identification Permit that have been turned in to me over the past couple months. Please see me if you have lost any of the above mentioned items. Make sure you bring the identification number for the parking permit if you think it may belong to you.

In the words of U2's Bono.....It's a Beautiful Day...Don't let it get away!

VALENTINE'S DAY TRIVIA

submitted by Sandy Geoffroy

About 1 million Valentine Day's cards are exchanged each year.

About 3% of pet owners will give Valentine's Day gifts to their pets.

Alexander Graham Bell applied for his patent for the telephone on Feb. 14th, 1876.

California produces 60% of American roses, although many are imported from So.

Africa. Approx. 110 million red roses will be sold within a 3 day period.

Hallmark has over 1330 different cards specifically for Valentine's Day.

In the Middle Ages, young men and women would draw names from a bowl to see who their Valentine would be. They wore these names on their sleeve, hence: to wear your heart on your sleeve.

In the United States, 64% of men do not make plans in advance for a romantic Feb. 14th. In Victorian times it was considered bad luck to sign a Valentine's Day card.

One single red rose and baby's breath is called the "Signature Rose" and is the preferred choice for Feb. 14th, anniversaries and birthday's. Teacher's will receive the most Valentine's Day cards, followed by children, mothers, wives and sweethearts.

The first American publisher of Valentine's cards was printer and artist, Ester Howland.

The first television tour of the White House aired on Feb. 14th, 1962 by Jackie Kennedy.

The most fantastic gift of love is the Taj-Mahal in India. It took 22 years to build.

Wearing a wedding ring on the fourth finger of the left hand dates back to ancient Egypt. They believed that the vein of love ran from this finger directly to the heart.

A ring has been included in wedding ceremonies since the 12th century.

As in the movie "Moulin Rouge", The greatest gift is to love and be loved.

Karaoke

Friday, February 18th

6:00-10:00pm

In the Ballroom

FREE!

All you have to do is get your group together, make whatever dining arrangements necessary

(to share with your table),

BYOB (coffee & ice will be provided) and join us for a little

bit of Friday Nite dancing, and singing. To make planning less

hectic, tables will not be as-

signed. Just give your money to

Suzi, show up with your group

and select your table. Don't for-

get to tell your friends and

neighbors. Hosted by

Cindy Passera

Sign-up with Suzi.

WIPE - OUT

submitted by Dee Kaliner

A neighbor of mine, Ken and Margaret Axtel

have a son-in-law and granddaughter who

will appear on Wipe-Out on

February 24th at 8pm.

LETS ROOT THEM ON!

PROPER IRRIGATION

DAKOTA LANDSCAPING & IRRIGATION

submitted by Richard Smith

As the demand for water increases, let's not forget to conserve water through proper irrigation. Improper irrigation invites disease, increases the need for fertilizer and waste water. Here are some easy things to remember when you see our system irrigating.

A few Basic Steps should be followed:

- 1...Determining when water is needed.
- 2.. Determining how much should be applied
- 3.. Deciding how water is to be applied.

Determining when to water

The most efficient way to water a lawn is to apply water when it begins to show signs of stress from lack of water. The following signs are indications of water need:

Bluish-gray areas in the lawn

Footprints or tire tracks that remain in the grass long after being made

Many leaf blades folded in half

Soil sample from the root zone feels dry

Amount of water to apply

The amount of water to apply at any one time varies with the amount of water present in the soil, the water-holding capacity of the soil, and drainage characteristics. An efficient watering wets only the turf grass root zone, does not saturate the soil, and does not allow water to run off. Florida soils are typically sandy and hold 1 inch of water in the top 12 inches of soil. Most plant roots are in the upper 12 inches of the soil. If the roots are in the top 12 inches of soil and the soil is dry, then $\frac{3}{4}$ to 1 inch of water is required to wet the area thoroughly. This is equivalent to 465 to 620 gallons of water for each 1000 square feet of lawn.

Generally, turf grasses require no more than 0.3 inches of water per day. Under extreme summer conditions, water use can be as high as 0.4 inches of water per day. During the winter when grasses are not actively growing, water use can be as little as 0.05 inches of water per day.

A simple watering schedule would be to apply $\frac{3}{4}$ inch of water when the turf grasses show water deficiency symptoms as discussed earlier. Once this $\frac{3}{4}$ inch of water is applied, do not apply any more until water stress symptoms are again noticeable. Typically, two to three waterings per week in the summer and once every 10 to 14 days in the winter are required. If rainfall occurs, irrigation should be suspended according to the rainfall amount.

Manner of applying water

Water should never be applied at a rate faster than it can be absorbed by the soil. If the sprinkler applies too much water, it runs off, and is wasted. This seldom happens with small sprinklers unless the lawn is thick or the soil compacted.

We attempt to avoid extremes in watering frequency and amount. Light, frequent watering is inefficient and encourages shallow root system. Excessive irrigation, which keeps the root system saturated with water, is harmful to the lawn. Roots need a balance of water and air to function and grow properly.

The time of watering is important. The best time for lawn irrigation is in the early morning hours.

Watering during the day can waste water by excessive evaporation and during very hot periods can scald the lawn. Watering in late afternoon or late morning may be detrimental if it extends the time the lawn is naturally wet from dew.

New Years Eve 2010

Another year has flown by! What a better way to send it off than the yearly celebration put on by Suzi. The table settings were elegant, food was good with salad and dessert served and dishes cleared by the caterer.

Although it said "A champagne toast at midnight" we had a full bottle delivered per table.

Everyone was dressed formally with gowns and tuxes. Can't beat the price of this celebration, as always "Thanks Suzi" everyone had a great time as usual!

.....article submitted by John Piccolo



New Years Eve 2010



New Years Eve 2010



....and a wonderful way to end 2010!



Pictures submitted by Bob Harris & John Piccolo

IMPORTANT REMINDER

It has come to our attention that some owners are including Styrofoam in their recycling trash. Styrofoam should NOT be recycled. It does NOT biodegrade and should be included with normal trash for pick-up on Thursdays. If it is put out in error for pick-up on Wednesdays and not taken, please do not leave it out as it will scatter around in the community as vehicles pass or if the wind blows at all. Many thanks for your understanding and cooperation.

Tony Dumas, CAM

...continued from front cover

Bocce Night

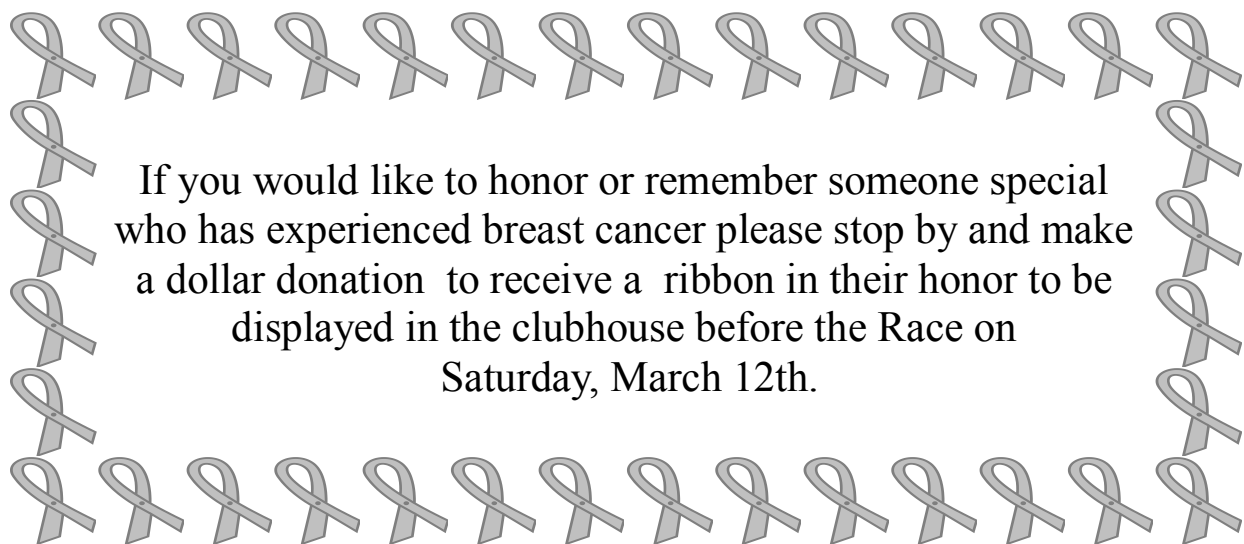
submitted by Veronica Murphy - pictures by Naomi Gibbs

“Spectacular” is the word everyone is saying about the Bocce Club Italian Night hosted by Suzanne & Ray Falcoa, Rose & Tom Urso, Phyllis & Joe Pantaleo, Jo & Sal Georato and Rose & Paul Giacchetti. Several groups started the evening playing Bocce then left for the Clubhouse where over 100 Bocce Members gathered to enjoy an evening of camaraderie. Oh, the smell of the food!! Salads, chicken parmesan, baked ziti, Italian sausage with pepper and onions, garlic rolls, not to mention the Italian Dessert Sweet Table! As if that were not enough, the dancing started.

Bocce Members... Mark your calendar for our next Bocce Sunday Brunch on February 13th, following on Saturday, February 19th for a “Luau Night” that five couples will host.

Be prepared to enjoy these great Bocce events. The Bocce Club is always open to new members. All are welcome to join our group for good sport and good friendship!





If you would like to honor or remember someone special who has experienced breast cancer please stop by and make a dollar donation to receive a ribbon in their honor to be displayed in the clubhouse before the Race on Saturday, March 12th.

*Jill Burzynski
Board Certified
Elder Law Attorney*



*Daniel Burzynski
VA Accredited
Attorney*

**2011 Burzynski Elder Law Seminar:
Tuesday, March 1st, 2011 at 2:00 pm in the Ballroom, No Charge!
Questions and Answers about Elder Law**

The Burzynski Elder Law Team will address questions posed by the Seminar Attendees. Attendees will choose the topics we discuss. In past “Question and Answers” Seminars we have addressed such topics as:

- ⇒ Estate Planning Documents and Common Mistakes
- ⇒ The Importance of a Living Will
- ⇒ End of Life Care
- ⇒ Legal Issues to Consider Before Gifting Property
- ⇒ Asset Protection in the Event Long Term Care is Needed
- ⇒ Whether Joint Accounts Should Be Used to Avoid Probate
- ⇒ Changes in Medicaid and Medicare Laws
- ⇒ Veterans’ Benefits
- ⇒ What is a Life Care Plan?



Health Fair **FREE**

**In the Cascades Ballroom
Saturday, February 12th**

A representative and or information will be available for the following topics:



**Refreshments
by the
Women's Club!**



Alzheimer's Resource Center

AARP Safe Driving Class

American Cancer Society

Ankle & Foot Care

Bladder Cancer

Blood Donation Mobile

Blood pressure readings

Breast Cancer

Dealing with depression

Elder Law

Eye Health

Fall Prevention & driving for seniors

Foot Solutions

Hair Care

Health Care Supplements

Health Magazines

Heart Health

Home Health Care

Hospice

Massage Therapy

Nutrition

Optical & Pharmacy

Orthopedic Screenings & Balance Machine

Skin

Urology

Vein Specialist

Mobil Mammography Mobile

**9:00 am
to noon**



Podiatry





Happy Hour

In the Foyer / Pool Area
Wednesday, March 16th

5 – 7 pm

\$12 per person

Light Appetizers, Ice Cold
Beer, Red & White Wine &
Margaritas will be served.

Sign-up with Suzi

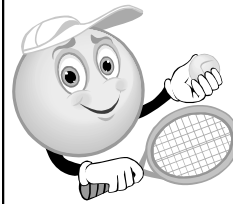


Friday, March 4th

7:30 - 9pm

Are you a Know-It-All? Are your friends Know-it-Alls? Gather with like minded Jeopardy fans, knowledge collectors, and trivia buffs for an evening of Team Trivial Pursuit. **Win some fun prizes.** Bring your friends or make up a team on the spot. It's a team event so any individual knowledge of arcane subjects will be useful.

Sign-up with Suzi!



Mark your
calendars

SAVE Saturday,

April 2nd

for the

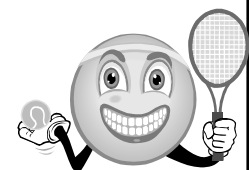
ANNUAL TENNIS

PARTY

which will be opened to
the entire community!.

Detail will follow - any
questions contact

Caren Kerrs
at 947-2994



Comcast Digital Upgrade

submitted by Paula Van Dyke, Administrative Assistant

As many of you are aware, Comcast has been working on switching over to a Digital signal from an analog signal. What this means to you is you will receive a crisp digital picture and improved sound. It also means you will, in most cases, need a Digital Adapter. If you already have a converter (cable box) connected to your TV, you are fine and will not need any additional equipment. Only those without a converter box, those with the cable line going straight into their TV will need this additional equipment. Comcast will provide up to three (3) Digital Adapters per household at **no charge**. If you are already paying for a digital converter box, Comcast will provide you up to two (2) additional Digital Adapters at **no charge**.

How to receive your equipment??

You have 3 options:

- *Visit your local Comcast Service Center: 12641 Corporate Lakes Drive, Fort Myers, FL 33913 or on Highway 41 and Old 41 in Bonita Springs
- *Order online with free shipping & Handling at: Comcast.com/digitalnow
- *Call (239) 432-9277 to have a technician deliver & Install for \$19.95.

Don't forget you need to have the equipment installed before 02/24/11 to continue to receive channels 37-76. Also, for those who have asked about the Travel channel, it will return to our Expanded Basic Lineup after the switch on 2/24/11. You should also receive our local Cascade Channel on Channel 195 after the switch.



ST. PATRICK'S DAY PARTY

Saturday, March 12th

\$25.00 per person

Open 6:30 P.M. Dinner at 7:00 P.M.

TICKETS ON SALE NOW! until the event is sold out or until March 9th, whichever comes first

Dinner Menu

Choice of Corned Beef or Ham

Steamed Cabbage

Parsley Cut Carrots

Boiled Red Potatoes

Rolls

Coffee and a Dessert Surprise!!

BYOB and Mixers

ENTERTAINMENT

**A RETURN APPEARANCE BY MEMBERS OF THE FLORIDA STATE CHAMPIONS
SUPREME HARP AND THISTLE PIPE BAND OF S/W FLORIDA**

And music by Bill Jollie

Tables of 8 or 10 may be reserved if paid in full No one under the age of 18 permitted

The Women's Club Fashion Show and Luncheon

hosted by Peg Bright & Dawn McLean



photos by Sandy Geoffroy

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 <i>Joey & Maria's Wedding 6 pm</i>	5
6	7	8 <i>BOD Workshop 1pm</i>	9	10	11	12 <i>Health Fair 9am - 12 Introduction To Tennis Contact Shawn at 948-5287</i>
13 <i>Bocce Brunch</i>	14  <i>Valentines Dinner & Dance 6 pm</i>	15	16	17	18 <i>Karaoke 6 pm</i>	19 <i>Bocce Luau</i>
20 <i>BINGO 6:30 IN THE CRAFT ROOM</i>	21 <i>AARP Class 9am - 1pm</i>	22 <i>AARP Class 9am - 1pm BOD & Annual Meeting 6:30 pm</i>	23 <i>CWC Derby noon</i>	24 <i>Cascades Bookworms 7 pm</i>	25	26 <i>Valli to Valli CONCERT 8 pm</i>
27 <i>Mariner's Day Trip</i>	28	<i>Get your Valli to Valli Concert Tickets! Don't miss Bobby Valli's Tribute to his brother Frankie!</i>				

March 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Elder Law Presentation 2 pm</i>	2	3	4 <i>Team Trivia 7:30 - 9 pm</i>	5
6	7	8 <i>BOD WORKSHOP 1pm Men's Club 6 pm</i>	9 <i>Mixed Doubles Tennis Exhibition 4:30pm</i>	10	11	12 <i>Susan G. Komen Race for the Cure St. Patty's Day Party 6 pm</i>
13 <i>BINGO 6:30PM IN THE CRAFT ROOM</i>	14	15	16 <i>Happy Hour In the Foyer 5 - 7 pm</i>	17	18	19
20 <i>Bocce Brunch</i>	21	22 <i>BOD Meeting 6:30 pm</i>	23	24 <i>Cascades Bookworms 7 pm</i>	25 <i>Mariner's Palm Beach Trip</i>	26
27	28	29	30 <i>CWC Mardi Gras</i>	31 <i>King of Diamonds CONCERT 8 pm</i>	Introduction of Tennis On the 2nd Saturday Of each month Contact Shawn at 948-5287	